

**All-Atlantic Region
Outdoor Track & Field Championships
Hosted By Ursinus - 5/13/2026 to 5/14/2026
Results**

Women 100 Meter Dash				
Meet Record:		Shaesha Johnson		
Name	Yr	School	Prelims	
Preliminaries				
1	Shaesha Johnson	SO	SUNY Delhi	11.90Q1.3
2	Simone Waheed	JR	Colby	11.91Q0.4
3	Lucia Garcia-Beltran	SR	TCNJ	11.98Q0.8
4	McKay Alby	SO	Montclair St	12.01Q-0.8
5	Mirra Klimov	SR	Johns Hopkin	12.08Q-0.1
6	Katherine DeFosse	JR	Springfield	12.25Q0.7
7	Maile O'Neill	SO	Montclair St	12.15q 0.8
8	Rachel Kulp	SR	RIT	12.20q-0.1
9	Ashley Gordon	JR	Ramapo	12.21 1.3
10	Abigail Dorunda	SO	St. John Fis	12.25 -0.8
11	Samantha Sharrow	SR	Scranton	12.25 1.3
12	Aynisha McQuillar	SO	Ithaca	12.26 0.7
13	Nadly Gyapong	SO	Ursinus	12.29 0.4
14	Jocelyn Smith	JR	Scranton	12.29 0.7
15	Charlotte Brake-Hoffman	SO	Colby	12.30 -0.8
16	Kiara White	SO	Grove City	12.31 0.8
17	Alaina Morley	SR	Nazareth	12.32 0.8
18	Tatiana McCray	SO	Hamilton	12.39 0.7
19	Kendall Sobczyk	SR	Cortland St.	12.47 0.4
20	Aisha Garcia	SO	Montclair St	12.48 -0.1
21	Sadie Nugent	FR	Arcadia	12.52 0.7
22	Raven Orange	JR	New Jersey C	12.52 0.7
23	Chidimma Igwe	SR	Rutgers-Newa	12.53 1.3
24	Morgan Levine	SO	Ramapo	12.55 1.3
25	Emily Heiner	FR	St. John Fis	12.56 -0.8
26	Lauren Dunnigan	JR	Franklin & M	12.57 1.3
27	Olivia Nicholls	FR	Oneonta	12.60 0.7
28	Mia O'Neill	SO	Hamilton	12.64 0.4
29	Gabby Welter	FR	Lebanon Vall	12.67 1.3
30	Anna Zinsser	SR	Johns Hopkin	12.68 0.8
31	Kayla Anastasia	SR	SUNY Geneseo	12.68 -0.8
32	Angela Nuse	JR	York (Pa.)	12.68 -0.8
33	Gracie French	SO	Juniata	12.70 0.4
34	Makenna Manson	SO	St. John Fis	12.71 -0.1
35	Lindsay Tellez	SO	SUNY Geneseo	12.75 -0.1
36	Ella Couchon	JR	Springfield	12.77 0.4
37	Katherine Doran	JR	Union (N.Y.)	12.83 -0.8
38	Daniela Pilier	SR	Smith	12.85 -0.1
39	Abigail Falk	FR	PSU-Behrend	12.87 0.4
40	Marykate Rudnicki	SO	Ithaca	12.90 0.8
41	Emerson Aber	SR	Marymount (V	12.95 -0.1
42	Tess Barber	FR	RIT	13.06 1.3
---	Mya Walker	JR	Rowan	DNF 0.8
---	Sage Hendershot	JR	Drew	DNS -0.1

Women 100 Meter Dash				
Meet Record:		Shaesha Johnson		
Name	Yr	School	Finals	
Finals				
1	Simone Waheed	JR	Colby	11.87 10
2	Shaesha Johnson	SO	SUNY Delhi	11.90 8
3	Lucia Garcia-Beltran	SR	TCNJ	12.02 6
4	Mirra Klimov	SR	Johns Hopkin	12.07 5
5	McKay Alby	SO	Montclair St	12.10 4
6	Rachel Kulp	SR	RIT	12.32 3
7	Katherine DeFosse	JR	Springfield	12.37 2
8	Maile O'Neill	SO	Montclair St	12.41 1

Women 200 Meter Dash				
Meet Record:		Miranda Cole		
Name	Yr	School	Finals	
Finals				
1	Simone Waheed	JR	Colby	24.22 10
2	McKay Alby	SO	Montclair St	24.79 8
3	Nadly Gyapong	SO	Ursinus	24.80 6
4	Shiann Williams	SO	Utica	24.89 5
5	Lindsay Tellez	SO	SUNY Geneseo	25.00 4
6	Natalia Sawyer	SR	Buffalo Stat	25.03 3
7	Emily Camlet	SR	Drew	25.08 2
8	Reyanna Henderson	SR	New Jersey C	25.18 1
9	Ava Matter	SO	Lebanon Vall	25.25 2.4
10	Jocelyn Smith	JR	Scranton	25.30 2.5
11	Gracie French	SO	Juniata	25.31 1.5
12	Charlotte Brake-Hoffman	SO	Colby	25.33 1.7
13	Tatiana McCray	SO	Hamilton	25.34 1.5
14	Paige Franklin	SO	Rowan	25.35 2.4
15	Olivia Nicholls	FR	Oneonta	25.37 2.5
16	Abigail Dorunda	SO	St. John Fis	25.40 1.5
17	Kelsey Thomas	JR	TCNJ	25.41 1.7
18	Ilana Hawkins	JR	Marymount (V	25.43 2.4
19	Chidimma Igwe	SR	Rutgers-Newa	25.45 1.3
20	Bianca Burke	SR	FDU-Florham	25.52 1.3
21	Kiara White	SO	Grove City	25.52 1.5
22	Mileyshka Calderon	JR	Lebanon Vall	25.55 0.7
23	Aynisha McQuillar	SO	Ithaca	25.59 2.5
24	Kayla Anastasia	SR	SUNY Geneseo	25.63 0.7
25	Juliana Riemersma	FR	St. John Fis	25.65 1.5
26	Caleigh Bold	JR	Elizabethtow	25.67 1.5
27	Megan Fornwalt	FR	DeSales	25.76 0.7
28	Makenna Manson	SO	St. John Fis	25.83 0.7
29	Lizzie Merrill	SO	Rochester	25.87 2.4
30	Madison Parker-Anderson	FR	Ramapo	25.89 1.5
31	Ashley Gordon	JR	Ramapo	25.93 1.3
32	Raven Orange	JR	New Jersey C	26.04 1.3
33	Mackenzie Kubat	SO	SUNY Geneseo	26.17 1.3
---	Samantha Sharrow	SR	Scranton	DNS 2.5
---	Amari Pinkett	SO	Rowan	DNS 2.4
---	Lucia Garcia-Beltran	SR	TCNJ	DNS 1.7
---	Shaesha Johnson	SO	SUNY Delhi	DNS 1.7

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Results

Women 400 Meter Dash
Meet Record: 54.45 M 2025 Brynn Mooney

Name	Yr	School	Finals
Finals			
1	Grace Yarkosky	SR Plattsburgh	55.52 10
2	Emily Camlet	SR Drew	55.97 8
3	Natalia Sawyer	SR Buffalo Stat	56.13 6
4	Reyanna Henderson	SR New Jersey C	56.43 5
5	Shiann Williams	SO Utica	56.99 4
6	Sophia Pascale	FR Ursinus	57.15 3
7	Sierra Doody	SR SUNY Geneseo	57.21 2
8	Olivia Miller	SR Scranton	57.43 1
9	Raquella Casserino	JR Rochester	57.50
10	Nadine Lauffer	SO Grove City	57.61
11	Ilana Hawkins	JR Marymount (V	57.65
12	Caleigh Bold	JR Elizabethtow	57.75
13	Bianca Burke	SR FDU-Florham	57.78
14	Sydney Meeks	FR Springfield	57.84
15	Kaitlyn Ewald	JR Colby	57.86
16	Isabella Shanley	JR Stevens	58.02
17	Alex Hermsdorf	FR Colby	58.10
18	Gracie Tourangeau	FR St. Mary's (58.37
19	Amari Pinkett	SO Rowan	58.58
20	Savannah Owens	JR St. Mary's (58.67
21	Juliana Riemersma	FR St. John Fis	58.72
22	Ruby Austin	FR Hamilton	58.93
23	Katherine Smith	SO King's (Pa.)	59.15
24	Ava Butler	SO Ithaca	59.50
25	Cameron Ruffini	SR TCNJ	59.65
26	Paige Franklin	SO Rowan	59.88
27	Tasia Miniotis	SR Scranton	1:00.05
28	Brianna Wise	SO Plattsburgh	1:00.27
29	London Best	FR St. Mary's (1:00.69

Women 800 Meter Run
Meet Record: 2:10.11 M 2025 Janelle Eckl

Name	Yr	School	Finals
Finals			
1	Amanda Intriери	SO SUNY Delhi	2:10.80 10
2	Nicole Gretzinger	SR SUNY Geneseo	2:11.50 8
3	Dale Leonard	JR Ramapo	2:11.86 6
4	Olivia Doherty	SR Colby	2:12.03 5
5	Eva Ciuffetelli	JR Rochester	2:12.42 4
6	Audrey Karwowski	SR Grove City	2:12.68 3
7	Madison Beauoin	FR St. Lawrence	2:14.56 2
8	Kyleigh Record	SO Union (N.Y.)	2:15.95 1
9	Lizzie Lowe	SO Vassar	2:15.96
10	Sofia Jurusz	JR Smith	2:16.56
11	Kelly O'Grady	SR TCNJ	2:16.96
12	Kay Wiscount	SO DeSales	2:16.98
13	Annalise Kauffman	SR Franklin & M	2:17.13
14	Rita Sciortino	SR Rochester	2:17.16
15	Ava Rizzo	JR Rowan	2:17.35
16	Jenna Binney	SO Houghton	2:17.79

17	Lisa O'Sullivan	SO Rowan	2:18.80
18	Hannah Reichard	JR Oswego State	2:18.87
19	Emma Chrismer	SO Hamilton	2:18.93
20	Mariah LeGrow	FR Nazareth	2:20.18
21	Catherine Collins	JR Smith	2:20.22
22	Peyton Knott	SO Springfield	2:20.27
23	Addison Kleinle	SO Elizabethtow	2:20.30
24	Kate Scibelli	SR Hamilton	2:20.43
25	Nora Burroughs	FR Hamilton	2:20.93
26	Oli Kraynik	JR Alfred State	2:21.00
27	Arianna McClendon	SO Utica	2:21.09
28	Amanda Schneider	FR Colby	2:21.10
29	Olivia Miller	SR Scranton	2:21.37
30	Brianna Hurlburt	SO St. John Fis	2:21.74
31	Evelyn Sahn	FR King's (Pa.)	2:22.06
32	Alex Grivas	SR TCNJ	2:22.14
33	Grace Curnow	SR Arcadia	2:22.28
34	Annie Herrmann	JR Grove City	2:22.45
35	Catherine Manna	SO Utica	2:22.81
36	Jane Huss	FR St. Vincent	2:22.86
37	Taylor Enes	SR Stevens	2:23.22
38	Avery Arizzi	JR St. Mary's (2:23.73
39	Kelsey Fahy	JR Nazareth	2:23.86
40	Isabel Vogel	SR Stevens	2:24.83
41	Autumn Garges	SR Lebanon Vall	2:25.03
42	Emily Dill	JR Rochester	2:31.04
43	Kyra Binney	SR Houghton	2:31.07
---	Grace Morningstar	JR Misericordia	DNS

Women 1500 Meter Run
Meet Record: 4:22.23 M 2025 Penelope Greene

Name	Yr	School	Finals
Finals			
1	Natalia Sweat	SO Oneonta	4:29.27 10
2	Hannah Reichard	JR Oswego State	4:33.02 8
3	Lyda Martin	SR Smith	4:36.52 6
4	Ethne Degan	SO Brockport St	4:36.53 5
5	Cayla Lawrence	JR Grove City	4:37.56 4
6	Autumn Garges	SR Lebanon Vall	4:39.15 3
7	Addison Kleinle	SO Elizabethtow	4:39.24 2
8	Jezena Aponte	JR Rowan	4:40.26 1
9	Kayleigh Milligan	SO Ithaca	4:44.50
10	Julianna Lindberg	SO Grove City	4:47.64
11	Isabella Gabay	SO Stevens	4:47.68
12	Annabel Dobash	JR Union (N.Y.)	4:50.17
13	Allyson Wernik	JR Rowan	4:50.58
14	Riley Joseph	SR Rochester	4:50.81
15	Emily Pogozeleski	SR Hamilton	4:52.12
16	Eva Reilly	JR RIT	4:52.98
17	Joy Petersen	SR Ithaca	4:53.10
18	Brielle Frable	FR Misericordia	4:53.89
19	Evie Eastman	JR SUNY Delhi	4:54.07
20	Lily Murphy	SR St. Vincent	4:56.06
21	Caitlin Voloshen	SR St. John Fis	4:56.46
22	Gianna Burgio	SR Rowan	4:57.75

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Finals ... (Women 1500 Meter Run)

Name	Yr	School	Finals
--- Marlo Townsend	JR	Utica	DNS
--- Therese Georgia	JR	RIT	DNS

Women 5000 Meter Run

Meet Record: 16:54.55 M 2025 Gabriella McCarthy

Name	Yr	School	Finals
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Finals

1 Molly Fitzgibbons	SR	Rochester	17:19.11	10
2 Madison Hedglin	FR	Misericordia	17:26.01	8
3 Melissa Innocent	JR	Cortland St.	17:32.72	6
4 Tara Silverman	SO	Franklin & M	17:36.36	5
5 Anika Mueller-Hickler	SR	Vassar	17:43.95	4
6 Grace Neubert	SO	St. Vincent	17:48.14	3
7 Mia Sideris	SR	Ursinus	17:50.27	2
8 Phoebe Peer	SO	Cortland St.	17:54.52	1
9 Marlo Townsend	JR	Utica	17:58.63	
10 Hannah Pawlowski	SO	Ithaca	18:02.90	
11 Chloe Bibula	SO	Vassar	18:05.10	
12 Madison Kammer	SR	Misericordia	18:06.34	
13 Ella Daly	SO	TCNJ	18:07.46	
14 Therese Georgia	JR	RIT	18:08.05	
15 Sophia Bostwick	JR	Susquehanna	18:11.42	
16 Lola Gitlin	FR	Ithaca	18:12.40	
17 Ava Biemuller	SO	TCNJ	18:14.42	
18 Kyra Pellegrino	JR	Oswego State	18:17.41	
19 Sam Mermelstein	FR	Rochester	18:19.12	
20 Teagan Walker	FR	TCNJ	18:20.81	
21 Grace Estus	JR	Plattsburgh	18:22.79	
22 Briana Ostheller	SO	Cortland St.	18:24.19	
23 Gia Engel	JR	Oneonta	18:27.65	
24 Kelsey Hanna	FR	PSU-Behrend	18:30.63	
25 Maggie Michelet	JR	Rowan	18:34.58	
26 Anya Sloth	JR	Oneonta	18:35.75	
27 Lindsey Hartle	SR	PSU-Behrend	18:36.96	
28 Alison Sponseller	JR	Susquehanna	18:42.77	
29 Micah Gordley	SR	RIT	18:43.89	
30 Jessica Goode	SR	Ithaca	18:44.66	
31 Nora Goldberg-Courtney	SR	Vassar	18:47.06	
32 Avery Blanchard	SO	St. Lawrence	18:49.82	
33 Katherine Veivia	FR	Moravian	18:53.44	
34 Hillary Connor	SR	Smith	18:58.24	
35 Kayla O'Neil	JR	Moravian	19:04.06	
36 Gianna Penyak	SO	Ramapo	19:21.10	
37 Salma Moumen	FR	Brockport St	19:27.27	
--- Shannon Stakelbeck	JR	Rowan	DNS	

Women 10000 Meter Run

Meet Record: 35:44.80 M 1984 Ellyn Block

Name	Yr	School	Finals
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Finals

1 Taylor Harris	SR	Hamilton	37:06.18	10
2 Tara Smurla	SR	Moravian	37:39.80	8
3 Ella Blau	JR	Rochester	37:44.17	6

4 Alyssa Horng	SR	Rochester	38:02.48	5
5 Noelle Linenfelser	SR	Houghton	38:03.47	4
6 Ella McCrum	FR	Juniata	38:12.31	3
7 Elena Gaffney	SO	Oswego State	38:30.83	2
8 Callie Gorman	JR	Scranton	38:44.95	1
9 Abigail Churchill	SR	Montclair St	38:58.86	
10 Emberlynn Nolt	SO	Houghton	39:31.15	
11 Jane Beyer	FR	Nazareth	39:43.09	
12 Juliana Sieminski	FR	Rowan	39:54.01	
13 Savannah Hodgens	SR	TCNJ	40:00.49	
14 Amelia Gronert	SO	Smith	40:03.88	
15 Hailey Morrison	FR	Brockport St	40:04.73	
16 Ella Mitchell	SO	St. Mary's (40:06.76	
17 Maggie Holderith	JR	Muhlenberg	40:27.45	
18 Jill Cinquina	FR	Oneonta	40:37.17	
19 Brynita Haas	SR	Hartwick	40:50.68	
20 Aria Larson	JR	Houghton	40:56.34	
21 Jessica Torrey	SO	Oswego State	41:09.22	
22 Tori Champagne	SR	Moravian	41:31.78	
23 Jennifer Reagan	SR	Brockport St	41:31.98	
24 Abigail Polus	JR	Brockport St	41:44.52	
25 Meghan Moyer	JR	Nazareth	42:15.36	
26 Rachel Ulrich	SR	Misericordia	42:39.60	
27 Emily Harrington	FR	DeSales	43:01.67	

Women 100 Meter Hurdles

Meet Record: 13.82 M 2022 Laura Mathews

Name	Yr	School	Prelims
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Preliminaries

1 Rachel Larson	SR	Ithaca	13.89Q0.6
2 Katherine DeFosse	JR	Springfield	14.06Q-0.6
3 Nyla Jones	SO	Rowan	14.18Q0.3
4 Kaelin Ryan	SR	Ursinus	14.28Q2.2
5 Nora Chen	JR	Rochester	14.37q 2.2
6 Emma Shafnisky	SO	Moravian	14.44q 0.3
7 Mackenzie Kubat	SO	SUNY Geneseo	14.76q -0.6
8 Ashley Sheldon	JR	Union (N.Y.)	14.85q 0.6
9 Keira Gibbons	FR	Rowan	15.01 -0.6
10 Alicia Riggins	FR	Montclair St	15.04 0.3
11 Molly White	SR	Scranton	15.19 0.6
12 Jahmilia Dennis	SR	Vassar	15.20 0.3
13 Olivia Jensen	JR	Utica	15.24 0.6
14 Isabella Scott	SO	Plattsburgh	15.34 2.2
15 Lauren Dunnigan	JR	Franklin & M	15.41 2.2
16 Rania Sabri	SR	RIT	15.49 0.6
17 Emily Hoysan	FR	DeSales	15.50 -0.6
18 Abigail Jones	FR	Ramapo	15.55 0.3
19 Sophia Barclay	JR	SUNY Geneseo	15.56 2.2
20 Mikayla Mitchell	JR	Lebanon Vall	15.57 0.3
21 Evelyne Kim	SR	Johns Hopkin	15.58 2.2
22 Cara Doyle	SO	Misericordia	15.64 2.2
23 Sarah Kroedel	SR	Stevenson	15.64 0.6
24 Eko Dodd-Brown	JR	Oneonta	15.74 0.3
25 Abigail Reed	JR	Lebanon Vall	15.77 -0.6

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Preliminaries ... (Women 100 Meter Hurdles)

Name	Yr	School	Prelims
26 Alyssa Varias	FR	Susquehanna	15.86 0.6
27 Caroline Kozera	JR	St. Vincent	15.87 2.2
28 Jordan Roskiewicz	SO	Colby	15.90 -0.6
29 Amber Hayes	FR	Nazareth	16.39 -0.6
--- Claudia Chong	JR	Ithaca	DNF 0.3

Women 100 Meter Hurdles

Meet Record: 13.82 M 2022 Laura Mathews

Name	Yr	School	Finals
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Finals

1 Katherine DeFosse	JR	Springfield	14.00 10
2 Kaelin Ryan	SR	Ursinus	14.41 8
3 Nora Chen	JR	Rochester	14.65 6
4 Mackenzie Kubat	SO	SUNY Geneseo	14.91 5
5 Ashley Sheldon	JR	Union (N.Y.)	16.16 4
6 Emma Shafnisky	SO	Moravian	23.60 3
--- Rachel Larson	SR	Ithaca	DNF 0.6
--- Nyla Jones	SO	Rowan	DNS 0.6

Women 400 Meter Hurdles

Meet Record: 59.28 M 2023 Gwen Shepardson

Name	Yr	School	Finals
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Finals

1 Nora Chen	JR	Rochester	1:00.81 10
2 Kirsten Navich	SO	Elizabethtow	1:03.88 8
3 Casey Noonan	FR	TCNJ	1:04.25 6
4 Jaiden Schrag	SO	Oneonta	1:04.58 5
5 Isabella Scott	SO	Plattsburgh	1:05.02 4
6 Sophia Barclay	JR	SUNY Geneseo	1:05.49 3
7 Quinn Cushing	SO	Colby	1:05.77 2
8 Camille Williams	FR	York (Pa.)	1:06.04 1
9 Abigail Jones	FR	Ramapo	1:06.07
10 Lacey Simmons	FR	Utica	1:06.10
11 Lauren Alley	SO	Stevens	1:06.69
12 Mallory Rice	JR	Nazareth	1:07.09
13 Annabelle Townsend	SR	Alfred	1:07.38
14 Lexi Rodriguez	SR	Brockport St	1:08.59
15 Anya Sadowski	SO	Stevens	1:09.19
16 Lillian Williams	SR	Franklin & M	1:09.79
17 Samantha Crisci	SR	RIT	1:19.89
--- Stella Riley	FR	SUNY Geneseo	DNS
--- Mackenzie Burke	JR	TCNJ	DNS

Women 3000 Meter Steeplechase

Meet Record: 10:30.04 M 2023 Rachel Hirschkind

Name	Yr	School	Finals
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Finals

1 Ella Impaglia	SR	Nazareth	10:55.07 10
2 Charlotte Warner	SO	SUNY Delhi	11:05.59 8
3 Lucy Kreipke	JR	Smith	11:12.72 6
4 Eva Reilly	JR	RIT	11:31.30 5
5 Eilis McKenna	FR	Union (N.Y.)	11:38.94 4
6 Rachael Ladd	SR	RIT	11:40.58 3

7 Bailey Visingard	JR	Nazareth	11:41.90 2
8 Kaitlyn Adams	JR	Stevens	11:42.34 1
9 Kara Goldstein	SO	Rochester	11:45.26
10 Charlotte Huck	SO	Hamilton	11:49.04
11 Logan Brasacchio	SR	Ithaca	11:53.40
12 Cassandra Burt	FR	Misericordia	12:05.16
13 Madison Kirkpatrick	JR	Brockport St	12:08.56
14 Adriana Ochoa	SO	Rochester	12:13.26
15 Alexis Hockenberry	JR	Moravian	12:34.72
16 Emily Zanni	JR	Rowan	12:49.51

Women 4x100 Meter Relay

Meet Record: 45.98 M 2025 SUNY Delhi

Z Rodi, S Johnson, B Konodji, M Cole

Team	Relay	Prelims
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Preliminaries

1 Johns Hopkins		M 45.80Q
1) Mirra Klimov SR	2) Chloe Zhang JR	
3) Ellie Lewis JR	4) Dominique Thomas SR	
2 SUNY Delhi		47.31Q
1) Zoe Rodi SR	2) Shaesha Johnson SO	
3) Gabrielle Brown SO	4) Miranda Cole JR	
3 TCNJ		47.40Q
1) Mackenzie Burke JR	2) Petra Doherty SO	
3) Kelsey Thomas JR	4) Lucia Garcia-Beltran SR	
4 Montclair State		47.50Q
1) Aisha Garcia SO	2) Maile O'Neill SO	
3) Kaelyn Rodriguez SO	4) McKay Alby SO	
5 Rowan		47.41q
1) Denirah Jones FR	2) Amari Pinkett SO	
3) Mya Walker JR	4) Nyla Jones SO	
6 Ursinus		47.53q
1) Laela Middleton FR	2) Sophia Pascale FR	
3) Nadly Gyapong SO	4) Kaelin Ryan SR	
7 Scranton		47.81q
1) Samantha Solar FR	2) Samantha Sharrow SR	
3) Kaia Grantham SO	4) Jocelyn Smith JR	
8 Vassar		47.90q
1) Jamie Eu SR	2) Lianna Camille SO	
3) Lainie D'Auria SO	4) Maddie Seguin FR	
9 Oneonta		48.07
1) Jaiden Schrag SO	2) Olivia Nicholls FR	
3) Gracie Gorrell FR	4) Nicolette DuBose JR	
10 St. John Fisher		48.10
1) Makenna Manson SO	2) Abigail Dorunda SO	
3) Ella Radley SO	4) Emily Heiner FR	
11 Ramapo		48.20
1) Morgan Levine SO	2) Ashley Gordon JR	
3) Lauren Daniels FR	4) Madison Parker-Anderson FI	
12 Hamilton		48.37
1) Mackenzie Loudon FR	2) Tatiana McCray SO	
3) Mia O'Neill SO	4) Marley Meyers SO	

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Preliminaries ... (Women 4x100 Meter Relay)		
Team	Relay	Prelims
13 Ithaca		48.38
1) Marykate Rudnicki SO	2) Rachel Larson SR	
3) Ava Butler SO	4) Aynisha McQuillar SO	
14 Allegheny		48.60
1) Mariah Helvy-Bruce FR	2) Aubryanna Snyder JR	
3) Renee Tetlow SR	4) Evie Ellenberger SO	
15 Moravian		48.99
1) Morgan Tandy FR	2) Shai Knight SR	
3) Kennedy Simons SO	4) Emma Shafnisky SO	
16 Grove City		49.12
1) Hannah Roegiers SO	2) Nadine Lauffer SO	
3) Lucy Gyergyo SO	4) Kiara White SO	
17 Lebanon Valley		49.12
1) Gabby Welter FR	2) Ava Matter SO	
3) Caitlyn Kovatch FR	4) Mileyska Calderon JR	
18 Nazareth		49.18
1) Alexis Lasher SR	2) Alaina Morley SR	
3) Jasmine Kendrick JR	4) Amber Hayes FR	
19 St. Vincent (Pa.)		49.31
1) Amanda Kane SO	2) Gabrielle Dove SO	
3) Madelyn Hopsicker SO	4) Caroline Kozera JR	
20 Arcadia		49.42
1) Julia Kronimus FR	2) Sadie Nugent FR	
3) Paige Agnew JR	4) Emma Mae Jones SR	
21 RIT		49.60
1) Tess Barber FR	2) Abigail Gelinis FR	
3) Rania Sabri SR	4) Rachel Kulp SR	
22 PSU-Behrend		49.62
1) Chloe Yazembiak SO	2) Abigail Falk FR	
3) Caroline McDevitt SO	4) Ana Buck FR	
23 Elizabethtown		50.17
1) Sophie Shadle SO	2) Liliana Zimmerman SO	
3) Grace Tessier FR	4) Caleigh Bold JR	
24 St. Mary's (Md.)		50.35
1) Savannah Owens JR	2) London Best FR	
3) Oliviah Walton FR	4) Rocksann Smith SO	
25 Medgar Evers		55.40
1) Danajah Lawrence FR	2) Thenica Thompson SO	
3) Jada Lambert JR	4) Moutiatou Djibring FR	
--- Colby		DNF
1) Tally Zeller SR	2) Kaitlyn Ewald JR	
3) Charlotte Brake-Hoffman SC	4) Simone Waheed JR	

Women 4x100 Meter Relay
Meet Record: 45.98 M 2025 SUNY Delhi
Z Rodi, S Johnson, B Konodji, M Cole

Team	Relay	Finals
1 SUNY Delhi		47.22 10
1) Zoe Rodi SR	2) Shaesha Johnson SO	
3) Gabrielle Brown SO	4) Miranda Cole JR	

2 Scranton		47.60 8
1) Samantha Solar FR	2) Samantha Sharrow SR	
3) Kaia Grantham SO	4) Jocelyn Smith JR	
3 Ursinus		47.61 6
1) Laela Middleton FR	2) Sophia Pascale FR	
3) Nadly Gyapong SO	4) Kaelin Ryan SR	
4 TCNJ		47.68 5
1) Mackenzie Burke JR	2) Petra Doherty SO	
3) Kelsey Thomas JR	4) Lucia Garcia-Beltran SR	
5 Montclair State		47.71 4
1) Aisha Garcia SO	2) Maile O'Neill SO	
3) Kaelyn Rodriguez SO	4) McKay Alby SO	
6 Vassar		47.80 3
1) Jamie Eu SR	2) Lianna Camille SO	
3) Lainie D'Auria SO	4) Maddie Seguin FR	
--- Rowan		DNF
1) Denirah Jones FR	2) Amari Pinkett SO	
3) Mya Walker JR	4) Nyla Jones SO	

Women 4x400 Meter Relay
Meet Record: 3:42.19 M 2022 Geneseo
J Strickland, A Flaitz, G Shepardson, M Mulder

Team	Relay	Finals
1 SUNY Delhi		3:47.15 10
1) Zoe Rodi SR	2) Miranda Cole JR	
3) Amanda Intrieri SO	4) Gabrielle Brown SO	
2 Rochester		3:47.40 8
1) Raquella Casserino JR	2) Eva Ciuffetelli JR	
3) Lizzie Merrill SO	4) Nora Chen JR	
3 Johns Hopkins		3:47.56 6
1) Gabrielle Moore FR	2) Madison Moore FR	
3) Lianne Saussy SR	4) Lorna Arcese SR	
4 SUNY Geneseo		3:49.83 5
1) Sophia Barclay JR	2) Nicole Gretzinger SR	
3) Stella Riley FR	4) Sierra Doody SR	
5 TCNJ		3:51.64 4
1) Kelsey Thomas JR	2) Mackenzie Burke JR	
3) Kelly O'Grady SR	4) Brenna Omert SO	
6 Scranton		3:51.70 3
1) Samantha Sharrow SR	2) Olivia Miller SR	
3) Jocelyn Smith JR	4) Tasia Miniotis SR	
7 King's (Pa.)		3:55.67 2
1) Ali Butcher FR	2) Evelyn Sاهد FR	
3) Katherine Smith SO	4) Ava Butcher JR	
8 St. Mary's (Md.)		3:56.23 1
1) Savannah Owens JR	2) London Best FR	
3) Avery Arizzi JR	4) Gracie Tourangeau FR	
9 Ithaca		3:56.37
1) Ava Butler SO	2) Julia Ryba JR	
3) Valentina Wallin FR	4) Meredith Colla FR	
10 Plattsburgh St.		3:56.42
1) Isabella Scott SO	2) Emma Mahoney SO	
3) Brianna Wise SO	4) Grace Yarkosky SR	

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Finals ... (Women 4x400 Meter Relay)		
Team	Relay	Finals
11 Stevens		3:57.16
1) Anya Sadowski SO	2) Lauren Alley SO	
3) Isabel Vogel SR	4) Isabella Shanley JR	
12 Elizabethtown		3:57.36
1) Sophie Shadle SO	2) Sky Shinnen SO	
3) Kirsten Navich SO	4) Caleigh Bold JR	
13 Colby		3:59.02
1) Alex Hermsdorf FR	2) Jordan Roskiewicz SO	
3) Quinn Cushing SO	4) Amanda Schneider FR	
14 Grove City		3:59.59
1) Megan Marchand SO	2) Hannah Roegiers SO	
3) Julianna Lindberg SO	4) Nadine Lauffer SO	
15 St. John Fisher		4:00.79
1) Sophia Leach JR	2) Abigail Dorunda SO	
3) Liliana Mendez FR	4) Juliana Riemersma FR	
16 Ramapo		4:01.11
1) Victoria Romanov SO	2) Abigail Jones FR	
3) Kamalah Williams SO	4) Dale Leonard JR	
17 Montclair State		4:03.32
1) Kaelyn Rodriguez SO	2) Odalys Guerrero SR	
3) Alexa Ali JR	4) A'Sya Brown FR	
18 Brockport St.		4:03.77
1) Monica Cammarota SO	2) Elaina Neubert SO	
3) Ariana Proper JR	4) Courtney Bostic SR	
19 Nazareth		4:06.42
1) Alexis Lasher SR	2) Amber Hayes FR	
3) Mallory Rice JR	4) Mariah LeGrow FR	
20 Farmingdale St.		4:08.34
1) Olivia Finnegan SR	2) Amelia Vitale FR	
3) Ciara Cromie FR	4) Alice Valenzuela SO	
21 Ursinus		4:09.78
1) Jaycie Miller SR	2) Alissa Joseph FR	
3) Allie Severino FR	4) Aubrey Myers SO	
22 Moravian		4:10.81
1) Morgan Tandy FR	2) Naomi Craig FR	
3) Ligia Parada Garcia FR	4) Shai Knight SR	
--- Marywood		DNS
1) Elizabeth Tomasetti FR	2) Abby Megotz JR	
3) Caroline Walters SR	4) Carly Walters SR	

Women 4x800 Meter Relay		
Meet Record:	9:09.01 M 2025	Rochester
R Sciortino, E Dill, M Bell, M Khalifeh		
Team	Relay	Finals
Finals		
1 Grove City		9:16.82 10
1) Julianna Lindberg SO	2) Annie Herrmann JR	
3) Cayla Lawrence JR	4) Audrey Karwowski SR	
2 Smith		9:22.51 8
1) Avery Maiese FR	2) Sofia Jurusz JR	
3) Catherine Collins JR	4) Lyda Martin SR	

3 Brockport St.		9:23.80 6
1) Aaliyah Wright SO	2) Lily Pink SO	
3) Maeve Robarge SR	4) Ethne Degan SO	
4 Rochester		9:38.17 5
1) Rita Sciortino SR	2) Sam Mermelstein FR	
3) Molly Fitzgibbons SR	4) Riley Joseph SR	
5 RIT		9:40.54 4
1) Abigail Nautel SR	2) Eva Reilly JR	
3) Sophia DiGennaro SO	4) Micah Gordley SR	
6 St. John Fisher		9:49.39 3
1) Brianna Hurlburt SO	2) Bailey Nixon FR	
3) Olivia Grinnell SR	4) Caitlin Voloshen SR	
7 Union (N.Y.)		9:50.69 2
1) Kyleigh Record SO	2) Kate Monaco FR	
3) Bethel Flanagan SO	4) Annabel Dobash JR	
8 Ithaca		9:53.31 1
1) Jessica Goode SR	2) Joy Petersen SR	
3) Logan Brasacchio SR	4) Kayleigh Milligan SO	
9 Hamilton		9:53.46
1) Ruby Austin FR	2) Emma Chrismer SO	
3) Nora Burroughs FR	4) Kate Scibelli SR	
10 Rowan		9:55.00
1) Jezena Aponte JR	2) Gianna Burgio SR	
3) Allyson Wernik JR	4) Emily Zanni JR	
11 Houghton		9:59.54
1) Jenna Binney SO	2) Gwenna Haas SO	
3) Kyra Binney SR	4) Emberlynn Nolt SO	
12 Moravian		10:06.32
1) Ligia Parada Garcia FR	2) Katelyn Vickers FR	
3) Kierstyn Klingner JR	4) Tara Smurla SR	
13 Montclair State		10:11.36
1) Odalys Guerrero SR	2) Abigail Churchill SR	
3) Liliana Snyder SO	4) Mackenzie Cochran SR	
--- Utica		DNS
1) Arianna McClendon SO	2) Catherine Manna SO	
3) Marlo Townsend JR	4) Lacey Simmons FR	
--- St. Mary's (Md.)		DNS
1) Avery Arizzi JR	2) Savannah Owens JR	
3) Gracie Tourangeau FR	4) Ella Mitchell SO	

Women High Jump				
Meet Record:	1.74m M 1998	Heidi Nichols		
Name	Yr	School	Finals	
Finals				
1 Reilly Quinn	JR	Cortland St.	1.71m	10
2 Ashley Sheldon	JR	Union (N.Y.)	1.68m	8
3 Avery McNulty	SR	Muhlenberg	1.60m	4
3 Maggie Previglian	SR	Stevens	1.60m	4
3 Hannah Allison	JR	Utica	1.60m	4
3 Meghan Kreinberg	SO	FDU-Florham	1.60m	4
3 Trinity Batista	FR	York (Pa.)	1.60m	4
8 Georgia Spuches Jwaskiew	FR	Cortland St.	1.60m	1
9 Celia Ryan	JR	Ithaca	1.60m	
10 Tonna Ogina	JR	New Jersey C	1.55m	
11 Micel Martinez	FR	Montclair St	1.55m	

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Finals ... (Women High Jump)

Name	Yr	School	Finals
12	Madison Macneill	JR Buffalo Stat	1.55m
13	Mary Claire Rollins	JR St. John Fis	1.55m
13	Grace Flattery	FR Springfield	1.55m
15	Ali Haefele	SR Moravian	1.55m
16	Emily Richardson	SO Alfred State	1.55m
17	Bryanna Shepperson	SO Ramapo	1.55m
18	Ruthie Weiss	FR Vassar	1.50m
19	Elena Funk	JR Scranton	1.50m
20	Heidi House	FR Buffalo Stat	1.50m
21	Regine Lladoc	JR Ramapo	1.45m
22	Autumn Bacik	SO Springfield	1.45m
---	Haley Mummah	SO Juniata	NH
---	Kendall Coddington	JR Grove City	DNS

Women Pole Vault

Meet Record: 4.28m M 2017 Katherine Pitman

Name	Yr	School	Finals
Finals			
1	Talia Hutchinson	JR Ithaca	3.93m 10
2	Isabel Morse	SR Nazareth	3.83m 8
3	Kendall Simms	FR Susquehanna	3.78m 6
4	Clarissa Newman	SO Johns Hopkin	3.78m 5
5	Erin Eastwood	SR Ithaca	3.63m 4
6	Kerry Seekamp	SR Smith	3.63m 3
7	Bree Boyle	SR Ithaca	3.48m 2
8	Rosie Morse	SR Nazareth	3.48m 0.3
8	Kiara Tornusciolo	SR Nazareth	3.48m 0.3
8	Isabel Swyers	JR Brockport St	3.48m 0.3
11	Corinne Inkley	JR Allegheny	3.48m
12	Alita Paragon	SO York (Pa.)	3.48m
13	Madyson Bush	SO Nazareth	3.33m
13	Raessler Guthrie	SO Ithaca	3.33m
15	Kathryn Hillyard	SO St. John Fis	3.33m
16	Juniper Bauroth-Sherman	SR Ursinus	3.33m
17	Taylor Heie	SO York (Pa.)	3.18m
18	Genna McCallum	FR Utica	3.18m
18	Teagan Kiger	SO Ithaca	3.18m
---	Emersen Levins	FR TCNJ	NH
---	Ashlyn Weakley	FR Nazareth	DNS
---	Hannah Herrmann	SO Grove City	DNS

Women Long Jump

Meet Record: 6.06m M 2022 Victoria Kadiri

Name	Yr	School	Finals
Finals			
1	Evie Ellenberger	SO Allegheny	5.88m 10
2	Samantha Sharrow	SR Scranton	5.80m 8
3	Mackenzie Kubat	SO SUNY Geneseo	5.75m 6
4	Emma Shafnisky	SO Moravian	5.72m 5
5	Maya Lapinski	SO Stevens	5.58m 4
6	Alaina Morley	SR Nazareth	5.55m 3
7	Rachel Kulp	SR RIT	5.52m 2
8	Brooke Signorella	SO DeSales	5.51m 1

9	Anna Johnson	JR Rochester	5.51m 0.9
10	Ashleigh Barrett	SR Rochester	5.43m 1.7
11	Mileyska Calderon	JR Lebanon Vall	5.39m 2.7
12	Lauren Murphy	FR Rochester	5.38m +0.0
12	Denirah Jones	FR Rowan	5.38m +0.0
14	Jaiden Schrag	SO Oneonta	5.34m 1.7
15	Marisa Mazzacco	JR SUNY Geneseo	5.33m 0.4
16	Sasha Schramm	SR Brockport St	5.31m +0.0
17	Lia Malave	JR TCNJ	5.23m 1.7
18	Josie Hopkins	FR Colby	5.17m +0.0
19	Eko Dodd-Brown	JR Oneonta	5.04m 0.4
20	Emmeline Stoetzel	SO Hamilton	5.03m +0.0
21	Lucy Gyergyó	SO Grove City	5.03m +0.0
21	Kayla Anastasia	SR SUNY Geneseo	5.03m 0.4
23	Omotola Oyinkolade	SO Lebanon Vall	4.99m +0.0
---	Chloe Zhang	JR Johns Hopkin	FOUL

Women Triple Jump

Meet Record: 12.63m M 1998 Monique Hacker

Name	Yr	School	Finals
Finals			
1	Jahmilia Dennis	SR Vassar	12.18m 10
2	Alexa McMillian	FR NYU	12.00m 8
3	Lauryn Brown	JR Drew	11.90m 6
4	Samantha Wechsler	JR Ursinus	11.64m 5
5	Alexis Brown	JR Ithaca	11.56m 4
6	Emmeline Stoetzel	SO Hamilton	11.51m 3
7	Kianna Naval	SO St. John Fis	11.45m 2
8	Makenna Keough	FR St. John Fis	11.44m 1
9	Madyson Bush	SO Nazareth	11.40m 2.0
10	Mia Fleming	JR Widener	11.31m 2.9
11	Grace Flattery	FR Springfield	11.27m +0.0
12	Kennedy Simons	SO Moravian	11.26m 3.1
13	Gianna Boland	SO Cortland St.	11.16m 2.5
14	Marisa Mazzacco	JR SUNY Geneseo	11.13m 1.3
15	Sydney LaSalle	SR Nazareth	11.12m 1.7
16	Omotola Oyinkolade	SO Lebanon Vall	11.12m 0.9
17	Mackenzie Loudon	FR Hamilton	11.10m 2.1
18	Melany Johnson	FR St. John Fis	11.01m 1.6
19	Lainie D'Auria	SO Vassar	10.96m 2.0
20	Ruthie Weiss	FR Vassar	10.79m +0.0
21	Ali Haefele	SR Moravian	10.76m 2.1
22	Sasha Schramm	SR Brockport St	10.74m 0.8
23	Lucy Gyergyó	SO Grove City	10.70m 2.8
24	Nicolette DuBose	JR Oneonta	10.50m 3.9

Women Shot Put

Meet Record: 15.45m M 2018 Victoire Kothor

Name	Yr	School	Finals
Finals			
1	Brandy Varner	SR King's (Pa.)	14.22m 10
2	Lily Seyfert	SR Ithaca	13.84m 8
3	Aimee Oszer	JR Rochester	13.77m 6
4	Shanil Auguste	SR Rutgers-Newa	13.57m 5
5	Allie Cary	SO Utica	13.52m 4

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Finals ... (Women Shot Put)

Name	Yr	School	Finals
6 Christella Leukeu	FR	RIT	13.30m 3
7 Allison Lavin	JR	TCNJ	12.94m 2
8 Fejiro Akiri	SR	Rutgers-Newa	12.65m 1
9 Erika Ezumba	SR	Johns Hopkin	12.36m
10 Afua Apau	FR	Scranton	12.28m
11 Angie Bawek	JR	Allegheny	12.25m
12 Payton Mehalick	SR	SUNY Geneseo	12.18m
13 Meghan Kreinberg	SO	FDU-Florham	12.09m
14 Max McCoy	SO	Franklin & M	12.05m
15 Mackenzie Lawrence	SO	Oneonta	11.98m
16 Isabella Cowger	SO	Elizabethtow	11.86m
17 Hannah Debian	SO	Springfield	11.66m
18 Lauren Jaklitsch	SR	SUNY Geneseo	11.57m
19 Margie Rayne	SR	Moravian	11.56m
20 Tarryn Herman	SR	Oneonta	11.29m
21 Charlotte Powell	JR	Ithaca	11.23m
--- Kayla Tretola	SO	Cortland St.	DNS
--- Donya Baxter	SR	Arcadia	DNS

Women Discus Throw

Meet Record: 49.54m M 2016		Brandy Smith	
Name	Yr	School	Finals
Finals			
1 Brandy Varner	SR	King's (Pa.)	49.24m 10
2 Isabella Cowger	SO	Elizabethtow	46.35m 8
3 Madison Vargas	JR	Rochester	43.96m 6
4 Lily Seyfert	SR	Ithaca	43.90m 5
5 Hailee Garcia	SO	St. John Fis	43.69m 4
6 Aimee Oszer	JR	Rochester	43.63m 3
7 Peyton Fox	FR	Scranton	42.03m 2
8 Alaijha Wilson	SO	Rowan	41.10m 1
9 Meridian Bremel	SO	Alfred	40.15m
10 Allie Cary	SO	Utica	40.03m
11 Christella Leukeu	FR	RIT	39.75m
12 Nyla Wilson-Epps	FR	Buffalo Stat	39.25m
13 Emma Barnes	FR	Springfield	38.88m
14 Sadie Fenstermaker	SO	DeSales	38.72m
15 Norah Keeney	SO	PSU-Behrend	38.62m
16 McKenna Uhl	FR	Brockport St	37.76m
17 Margie Rayne	SR	Moravian	37.69m
18 Sydney Petrie	SR	Vassar	37.56m
19 Ben Kayser-Cochran	SO	RIT	36.96m
20 Kelly Stephen	SO	Muhlenberg	36.68m
21 Caitlyn D'Addieco	SO	Muhlenberg	36.41m
22 Victoria DeGraw	JR	Farmingdale	36.31m
23 Dory Gosselin	SR	SUNY Coblesk	35.00m
24 Charlotte Gerow	SR	Springfield	34.24m
25 Kaitlyn Putman	FR	St. Lawrence	33.58m
26 Taelyn Murray	SR	Hunter	29.82m
27 Irem Ucar	JR	FDU-Florham	29.71m
--- Kayla Tretola	SO	Cortland St.	DNS

Women Hammer Throw

Meet Record: 56.92m M 2023		Emily Galvin	
Name	Yr	School	Finals
Finals			
1 Cheyenne McPeek	JR	Cortland St.	53.25m 10
2 Brandy Varner	SR	King's (Pa.)	51.93m 8
3 Katelyn Shoemaker	SR	King's (Pa.)	50.77m 6
4 Nyla Wilson-Epps	FR	Buffalo Stat	50.34m 5
5 Peyton Fox	FR	Scranton	49.79m 4
6 Caitlin Kirk	JR	King's (Pa.)	49.75m 3
7 Amanda Hanrahan	SO	Vassar	49.67m 2
8 Madison Vargas	JR	Rochester	49.60m 1
9 Enya Green	JR	Ithaca	49.50m
10 Nora Tighe	FR	RIT	49.24m
11 Phoebe Williams	SR	Johns Hopkin	48.87m
12 Lily Seyfert	SR	Ithaca	48.30m
13 Anna Steed	SR	St. John Fis	48.24m
14 Allison Lavin	JR	TCNJ	47.05m
15 Zada Marine	SO	York (Pa.)	46.91m
16 Mackenzie Lawrence	SO	Oneonta	46.89m
17 Alexia Bey	SR	Rowan	46.62m
18 Tarryn Herman	SR	Oneonta	46.18m
19 Autumn Bernava	JR	RIT	46.00m
20 Ashley Tubbs	JR	SUNY Geneseo	45.01m
21 Jennifer Ndukwu	SR	Cortland St.	44.83m
22 Natalya Ryckman	SR	Alfred	44.52m
23 Jazelle McIntyre	SR	St. John Fis	44.29m
24 Jess Heydt	SO	Moravian	43.42m
25 Hailey Hrouda	JR	Utica	43.40m
26 Fejiro Akiri	SR	Rutgers-Newa	43.39m
27 Mckenzie Zafuto	FR	SUNY Geneseo	42.96m
28 Allie Cary	SO	Utica	42.46m
29 Jillian Zukley	JR	St. Mary's (41.35m
30 Janiesha Dureny	SO	Alfred State	41.28m
31 Sadie Fenstermaker	SO	DeSales	40.84m
32 Bree Cooney	SO	Rowan	40.43m
33 Katie Little	SO	Rowan	40.01m
34 Lauren Rizzolo	JR	Drew	38.89m
35 Kyrach Agbemble	JR	Stevenson	36.50m
36 Lucy Pelaez	SR	New Jersey C	30.70m

Women Javelin Throw

Meet Record: 47.24m M 2023		Isabelle Deal	
Name	Yr	School	Finals
Finals			
1 Alexandra Snyder	SR	Misericordia	43.45m 10
2 Dana Schwartz	SR	Hamilton	40.23m 8
3 Valerie Badger	JR	Misericordia	38.33m 6
4 Cali Rae Onuska	FR	Montclair St	36.61m 5
5 Emma Coolidge	SR	Juniata	35.77m 4
6 Josephine Connolly	SO	Lebanon Vall	35.75m 3
7 Charlotte Powell	JR	Ithaca	35.62m 2
8 Elizabeth Lubold	SR	Allegheny	35.27m 1
9 Diamond Eaddy	JR	Rowan	34.56m

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Finals ... (Women Javelin Throw)

Name	Yr	School	Finals
10 Mia Gerber	JR	RIT	34.20m
11 Sierra Myers	SO	St. John Fis	33.80m
12 Katelyn Shoemaker	SR	King's (Pa.)	33.69m
13 Julia Balaski	JR	PSU-Behrend	33.59m
14 Allison Lavin	JR	TCNJ	33.55m
15 Izzie DeCrease	SO	Montclair St	33.43m
16 Angie Bawek	JR	Allegheny	33.28m
17 Bella Dauberman	JR	Susquehanna	32.88m
18 Kaitlyn Chirkis	JR	Montclair St	32.77m
19 Brooke Charnosky	FR	Susquehanna	32.71m
20 Ainslee Binkley	SR	Susquehanna	31.61m
21 Becca Caird	SO	Moravian	31.56m
22 Carli Knapp	FR	Potsdam St.	31.13m
23 Molly White	SR	Scranton	31.10m
24 Victoria Leak	JR	Grove City	27.25m
25 Kyleigh Joniec	SR	Neumann	27.17m
--- Autumn Bernava	JR	RIT	FOUL
--- Ava Reardon	JR	Rowan	DNS
--- Bailey McDevitt	SR	Springfield	DNS

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Brianna Lindo	FR	Medgar Evers	25.71 823
2 Samantha Luba	SR	Nazareth	26.06 792
3 Cecelia LaBonte	SR	Ithaca	26.55 750
4 Anna Sawicki	SO	Lebanon Vall	26.58 747
5 Jade Bailey	FR	Utica	26.93 718
6 Grace McInerney	SO	Rochester	27.02 710
7 Rocksann Smith	SO	St. Mary's (27.09 704
8 Sarah Scepkowski	SR	TCNJ	27.18 697
9 Elaine McCarty	JR	Smith	27.28 689
10 Alexa Belanger	SO	Houghton	27.30 687
11 Amelia Berthold	SR	St. Lawrence	27.56 666
12 Rachael Johns	JR	Scranton	27.67 657
13 Isabel Rossbach	FR	Ithaca	27.99 632
14 Amanda Imhauser	SR	Franklin & M	28.09 624
15 Elana Pukel	SO	Vassar	28.59 585
16 Stefania Grimaldi	JR	Utica	29.36 528

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Brianna Lindo	FR	Medgar Evers	2:22.22 794
2 Samantha Luba	SR	Nazareth	2:22.51 790
3 Anna Sawicki	SO	Lebanon Vall	2:27.41 726
4 Amelia Berthold	SR	St. Lawrence	2:29.54 699
5 Amanda Imhauser	SR	Franklin & M	2:30.09 692
6 Sarah Scepkowski	SR	TCNJ	2:30.93 681
7 Rachael Johns	JR	Scranton	2:32.34 664
8 Isabel Rossbach	FR	Ithaca	2:34.61 636
9 Cecelia LaBonte	SR	Ithaca	2:35.63 624
10 Elaine McCarty	JR	Smith	2:36.70 611

11 Alexa Belanger	SO	Houghton	2:41.17	560
12 Elana Pukel	SO	Vassar	2:45.93	507
--- Jade Bailey	FR	Utica	DNF	
--- Stefania Grimaldi	JR	Utica	DNF	
--- Grace McInerney	SO	Rochester	DNS	
--- Rocksann Smith	SO	St. Mary's (DNS	

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Brianna Lindo	FR	Medgar Evers	14.68 884
2 Samantha Luba	SR	Nazareth	14.70 882
3 Sarah Scepkowski	SR	TCNJ	14.92 852
4 Isabel Rossbach	FR	Ithaca	15.48 779
5 Cecelia LaBonte	SR	Ithaca	15.81 738
6 Anna Sawicki	SO	Lebanon Vall	15.92 724
7 Rachael Johns	JR	Scranton	16.18 692
8 Elaine McCarty	JR	Smith	16.20 690
9 Amelia Berthold	SR	St. Lawrence	16.30 678
10 Stefania Grimaldi	JR	Utica	16.32 676
11 Amanda Imhauser	SR	Franklin & M	16.43 662
12 Elana Pukel	SO	Vassar	16.62 640
13 Jade Bailey	FR	Utica	17.09 586
14 Alexa Belanger	SO	Houghton	17.73 517
15 Rocksann Smith	SO	St. Mary's (19.19 373
16 Grace McInerney	SO	Rochester	20.41 269

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Sarah Scepkowski	SR	TCNJ	1.58m 712
1 Alexa Belanger	SO	Houghton	1.58m 712
3 Anna Sawicki	SO	Lebanon Vall	1.55m 678
4 Brianna Lindo	FR	Medgar Evers	1.52m 644
4 Samantha Luba	SR	Nazareth	1.52m 644
4 Cecelia LaBonte	SR	Ithaca	1.52m 644
7 Stefania Grimaldi	JR	Utica	1.49m 610
8 Amelia Berthold	SR	St. Lawrence	1.46m 577
8 Elaine McCarty	JR	Smith	1.46m 577
8 Rachael Johns	JR	Scranton	1.46m 577
8 Rocksann Smith	SO	St. Mary's (1.46m 577
12 Elana Pukel	SO	Vassar	1.37m 481
12 Isabel Rossbach	FR	Ithaca	1.37m 481
12 Jade Bailey	FR	Utica	1.37m 481
12 Amanda Imhauser	SR	Franklin & M	1.37m 481
--- Grace McInerney	SO	Rochester	NH

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Samantha Luba	SR	Nazareth	5.44m 683
2 Grace McInerney	SO	Rochester	5.42m 677
3 Alexa Belanger	SO	Houghton	5.29m 640
3 Anna Sawicki	SO	Lebanon Vall	5.29m 640
5 Brianna Lindo	FR	Medgar Evers	5.04m 570

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Finals ... (Heptathlon: #5 Women Long Jump Heptathlon)

Name	Yr	School	Finals
6 Amanda Imhauser	SR	Franklin & M	5.00m 559
7 Cecelia LaBonte	SR	Ithaca	4.98m 554
8 Jade Bailey	FR	Utica	4.94m 543
9 Sarah Scepkowski	SR	TCNJ	4.91m 535
10 Elaine McCarty	JR	Smith	4.89m 530
11 Stefania Grimaldi	JR	Utica	4.81m 508
12 Amelia Berthold	SR	St. Lawrence	4.72m 485
13 Elana Pukel	SO	Vassar	4.69m 477
14 Rachael Johns	JR	Scranton	4.67m 472
15 Rocksann Smith	SO	St. Mary's (4.61m 456
16 Isabel Rossbach	FR	Ithaca	4.54m 438

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Anna Sawicki	SO	Lebanon Vall	12.04m 664
2 Rocksann Smith	SO	St. Mary's (11.02m 596
3 Samantha Luba	SR	Nazareth	9.75m 513
4 Isabel Rossbach	FR	Ithaca	9.61m 504
5 Sarah Scepkowski	SR	TCNJ	9.59m 503
6 Elaine McCarty	JR	Smith	9.57m 501
7 Brianna Lindo	FR	Medgar Evers	9.54m 499
8 Amanda Imhauser	SR	Franklin & M	9.45m 494
9 Stefania Grimaldi	JR	Utica	9.27m 482
10 Elana Pukel	SO	Vassar	8.89m 457
11 Amelia Berthold	SR	St. Lawrence	8.55m 435
12 Rachael Johns	JR	Scranton	8.54m 434
13 Grace McInerney	SO	Rochester	7.90m 393
14 Cecelia LaBonte	SR	Ithaca	7.80m 386
15 Jade Bailey	FR	Utica	7.22m 349
16 Alexa Belanger	SO	Houghton	7.11m 342

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
Finals			
1 Rocksann Smith	SO	St. Mary's (44.20m 748
2 Anna Sawicki	SO	Lebanon Vall	34.42m 561
3 Elana Pukel	SO	Vassar	31.55m 506
4 Stefania Grimaldi	JR	Utica	29.82m 473
5 Sarah Scepkowski	SR	TCNJ	29.00m 458
6 Amanda Imhauser	SR	Franklin & M	28.22m 443
7 Grace McInerney	SO	Rochester	27.26m 425
8 Elaine McCarty	JR	Smith	26.27m 406
9 Amelia Berthold	SR	St. Lawrence	25.88m 399
10 Rachael Johns	JR	Scranton	25.74m 396
11 Samantha Luba	SR	Nazareth	25.41m 390
12 Alexa Belanger	SO	Houghton	24.32m 370
13 Jade Bailey	FR	Utica	20.04m 290
14 Cecelia LaBonte	SR	Ithaca	18.96m 270
15 Isabel Rossbach	FR	Ithaca	17.00m 233
16 Brianna Lindo	FR	Medgar Evers	16.31m 221

Women Heptathlon

Meet Record: 4937 M 2017 Kylee Bartlett

Name	Yr	School	Finals
Finals			
1 Anna Sawicki	SO	Lebanon Vall	4740 10
2 Samantha Luba	SR	Nazareth	4694 8
3 Sarah Scepkowski	SR	TCNJ	4438 6
4 Brianna Lindo	FR	Medgar Evers	4435 5
5 Elaine McCarty	JR	Smith	4004 4
6 Cecelia LaBonte	SR	Ithaca	3966 3
7 Amanda Imhauser	SR	Franklin & M	3955 2
8 Amelia Berthold	SR	St. Lawrence	3939 1
9 Rachael Johns	JR	Scranton	3892
10 Alexa Belanger	SO	Houghton	3828
11 Isabel Rossbach	FR	Ithaca	3703
12 Elana Pukel	SO	Vassar	3653
13 Stefania Grimaldi	JR	Utica	3277
14 Jade Bailey	FR	Utica	2967

Men 100 Meter Dash

Meet Record: 10.35 M 2022 Naquille Harris

Name	Yr	School	Prelims
Preliminaries			
1 Evan Corcoran	SR	Rowan	10.42Q0.7
2 Carter Tobin	SO	PSU-Behrend	10.50Q0.5
3 Reco Griffith	SO	Medgar Evers	10.55Q-1.5
4 Kejhaune Lester	JR	Oneonta	10.74Q-0.1
5 Colin Winters	JR	Lebanon Vall	10.75Q0.8
6 Derek Grimshaw	JR	Brockport St	10.67q0.7
7 Barack Abdallah	FR	Rochester	10.73q0.5
8 Samuel Thomas	SO	Ramapo	10.75q-0.1
9 Wander Dilone	FR	Ramapo	10.79 0.5
10 Leo Tirado	SO	Lebanon Vall	10.85 0.7
11 John Williams	SO	Rowan	10.86 0.7
12 Jerome Harmon	FR	Alfred State	10.86 -1.5
13 Ethan Fox	SR	St. John Fis	10.87 0.7
14 Caleb Auzenne	JR	Lebanon Vall	10.87 0.5
15 Jacob Fenstermaker	SR	Moravian	10.87 -1.5
16 Logan Richard	FR	Misericordia	10.88 0.8
17 Max Boreland	JR	Ithaca	10.89 0.5
18 Pharell Fowler	FR	Medgar Evers	10.90 -0.1
19 Brandon Konieczki	SO	PSU-Behrend	10.90 0.7
20 Owen Nugent	FR	Susquehanna	10.92 0.8
21 Leshawn Miller	FR	Medgar Evers	10.93 0.8
22 Will Stiska	SO	Rochester	10.95 -0.1
23 Noah Tapler	FR	Ursinus	10.97 -1.5
24 Ethan John	FR	Neumann	10.99 -0.1
25 Darryl Wayman	SO	Rowan	11.00 -0.1
26 Cameron Krein	FR	RIT	11.00 0.8
27 Dominic Santos	JR	Susquehanna	11.01 -0.1
28 Andrew Simmons	SO	Alvernia	11.04 0.8
29 Luca Kabel	FR	Springfield	11.05 0.7
30 LeBron Richardson	SO	Cortland St.	11.08 0.5

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Preliminaries ... (Men 100 Meter Dash)

Name	Yr	School	Prelims
31 Milo Pearsall	FR	Plattsburgh	11.09 0.5
32 Matthew Lamb	SR	Elizabethtow	11.29 -1.5
--- Jayson Ellis	SO	Montclair St	DNF -1.5
--- Maxim Rychkov	SO	TCNJ	DNS 0.8
--- Daniel Cruz	SR	Cortland St.	DNS -1.5

Men 100 Meter Dash

Meet Record: 10.35 M 2022 Naquille Harris

Name	Yr	School	Finals
Finals			
1 Reco Griffith	SO	Medgar Evers	10.44 10
2 Carter Tobin	SO	PSU-Behrend	10.65 8
3 Kejhaune Lester	JR	Oneonta	10.72 6
4 Colin Winters	JR	Lebanon Vall	10.80 5
5 Barack Abdallah	FR	Rochester	10.82 4
6 Samuel Thomas	SO	Ramapo	10.89 3
7 Derek Grimshaw	JR	Brockport St	20.44 2
--- Evan Corcoran	SR	Rowan	DNS 1.7

Men 200 Meter Dash

Meet Record: 21.07 M 2022 Naquille Harris

Name	Yr	School	Finals
Finals			
1 Aiden Tobin	SR	Ursinus	21.28 10
2 Reco Griffith	SO	Medgar Evers	21.32 8
3 Pharell Fowler	FR	Medgar Evers	21.56 6
4 Charles Cypress	SR	Plattsburgh	21.61 5
5 James Long-Stratton	JR	Ursinus	21.64 4
6 Colin Hansen	JR	Springfield	21.66 3
7 Owen Nugent	FR	Susquehanna	21.67 2
8 Samuel Thomas	SO	Ramapo	21.67 1
9 Marquis Taylor	FR	Rowan	21.73 1.4
10 Cristhian Cuevas	SR	SUNY Delhi	21.86 0.7
11 John Williams	SO	Rowan	21.88 2.1
12 Pratt Charles	SR	New Jersey C	21.90 2.1
13 Logan Natale	JR	Ramapo	21.90 2.1
14 Wander Dilone	FR	Ramapo	21.91 1.8
15 Daaron Harrell	FR	Cortland St.	21.94 0.7
16 Ethan John	FR	Neumann	21.95 1.8
17 Zion Cheatham	JR	Cortland St.	22.03 0.7
18 Djemba Ndikwe	FR	Juniata	22.07 1.8
19 Terrell Price	SO	Buffalo Stat	22.09 1.8
20 Ethan Fox	SR	St. John Fis	22.19 1.8
21 Max Boreland	JR	Ithaca	22.30 2.1
22 Jacob Fenstermaker	SR	Moravian	22.31 1.8
23 Barack Abdallah	FR	Rochester	23.32 1.8
--- Maxim Rychkov	SO	TCNJ	DNS 0.7
--- Carter Tobin	SO	PSU-Behrend	DNS 0.7
--- Derek Grimshaw	JR	Brockport St	DNS 2.1
--- Jabez Primus	SO	SUNY Delhi	DNS 2.1
--- Noah Traverso	SO	TCNJ	DNS 1.4
--- Fabrice Saint Hillien	SR	Stevenson	DNS 1.4

Men 400 Meter Dash

Meet Record: 46.63 M 2025 Josh Jeffes

Name	Yr	School	Finals
Finals			
1 Chris Short	SR	Muhlenberg	48.03 10
2 Pratt Charles	SR	New Jersey C	48.20 8
3 Jackson Coelho	SR	Colby	48.29 6
4 Colin Hansen	JR	Springfield	48.37 5
5 Andrew Kent	SR	SUNY Geneseo	48.55 4
6 Richard Fuller	SO	SUNY Delhi	48.74 3
7 Arjun Ojha	SO	SUNY Geneseo	48.77 2
8 Pharell Fowler	FR	Medgar Evers	48.85 1
9 Djemba Ndikwe	FR	Juniata	49.02
10 Logan Natale	JR	Ramapo	49.04
11 Alexander Mitchell	SR	Grove City	49.06
12 Daniel Kahler	FR	Cortland St.	49.23
13 Jordan Hart	SR	Ramapo	49.28
14 Michael Durski	SR	Brockport St	49.28
15 Michael Puglisi	SR	Nazareth	49.31
16 Nicholas Garman	JR	Rowan	49.39
17 Asaias Johnson	FR	Rowan	49.40
18 Damian Simmonds	FR	Ithaca	49.47
19 Gian Carlo Di Fava	JR	SUNY Geneseo	49.49
20 Ryan Senf	SR	RIT	49.50
21 Donovan Goundie	JR	Lebanon Vall	49.56
22 Sam Graubart	SR	Colby	49.66
23 Joseph Brallier	FR	Grove City	49.79
24 Ibrahim Fofana	FR	SUNY Delhi	49.84
25 Jeremiah Knowles	SO	Grove City	50.19
26 Jake Egizio	JR	PSU-Behrend	50.32
27 Peter Fragomeni	SR	TCNJ	51.14
28 Tanner Warren	JR	Utica	51.93
29 Patrick Conteh	SR	Hartwick	52.20
--- Jacob Hunter	JR	Misericordia	DNS
--- Fabrice Saint Hillien	SR	Stevenson	DNS
--- Jacob Miller	SR	SUNY Geneseo	DNS
--- Noah Traverso	SO	TCNJ	DNS

Men 800 Meter Run

Meet Record: 1:48.72 M 2008 Peter Kosgei

Name	Yr	School	Finals
Finals			
1 Ben Buffone	JR	Ithaca	1:52.74 10
2 Will Inglis	JR	Elizabethtow	1:53.27 8
3 Thomas Blach	SR	TCNJ	1:53.37 6
4 Owen Arbocus	JR	Brockport St	1:53.39 5
5 John Elliot	SO	RIT	1:53.96 4
6 Andrew Donner	SO	SUNY Geneseo	1:54.33 3
7 Christian Wescott	SO	Alfred State	1:54.62 2
8 Zach Houff	SO	Franklin & M	1:54.94 1
9 Jack Bisbee	SO	Cortland St.	1:55.25
10 Luke Ferriolo	FR	Hamilton	1:55.31
11 Liam Fitzgibbon	SO	Union (N.Y.)	1:55.83
12 Daniel Jutras	SR	Stevens	1:55.88

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Finals ... (Men 800 Meter Run)

Name	Yr	School	Finals
13	Blaik Slavinski	JR Rowan	1:56.37
14	Owen Bernstein	FR Rochester	1:56.40
15	Bryan Friedel	SR SUNY Geneseo	1:56.45
16	Carter Naginey	SO Cortland St.	1:57.01
17	Raam Ravishankar	JR Muhlenberg	1:57.44
18	Griffin Lupes	FR Ithaca	1:57.53
19	Matthew Rintoul	JR Farmingdale	1:57.65
20	Lincoln Neiswender	SO Vassar	1:57.81
21	Jeffrey Simmons	SR Oswego State	1:57.83
22	Forest Martin	JR Utica	1:57.99
23	Cyrus Goetze	SO St. Lawrence	1:58.29
24	Robert Casey	SR Scranton	2:00.39
25	Sidney Morris	JR Buffalo Stat	2:03.90
26	Finnegan Dean	SR Alfred	2:04.51
27	Goncalo Carvalho	SO New Jersey C	2:05.02
---	Eddy Corporan	JR Utica	DNS
---	Chris Sappe	SR Hood	DNS

Men 1500 Meter Run

Meet Record: 3:47.65 M 2022 **Aleksei Seletskiy**

Name	Yr	School	Finals
1	Austin Skeete	FR Rochester	3:49.39 10
2	Kevin Matthews	SR TCNJ	3:49.63 8
3	Jozef Callano	JR DeSales	3:53.72 6
4	Jace Stuart	JR St. John Fis	3:54.42 5
5	Bryan Kerchner	SR Moravian	3:57.18 4
6	Matt Califf	SO RIT	3:57.89 3
7	Colin Patterson	JR Rowan	3:58.95 2
8	Jacob Bernd	SO Rochester	4:00.77 1
9	Preston Klem	SO King's (Pa.)	4:01.69
10	Christopher Whalen	FR Sage	4:04.15
11	Brayden Clarke	SO Scranton	4:04.23
12	Howie Vargas	JR Brockport St	4:04.27
---	Brandon Chen	SR TCNJ	DNF
---	Nicholas Lyndaker	SR St. Lawrence	DNS
---	Bennett Melita	JR Utica	DNS

Men 5000 Meter Run

Meet Record: 14:34.09 M 1984 **Marc Gosselin**

Name	Yr	School	Finals
1	Phil Pace	SO TCNJ	14:54.64 10
2	Liam Sakakeeny	SO Rochester	15:02.36 8
3	Amos Bixler	SR Houghton	15:03.94 6
4	Max Frazee	JR Vassar	15:04.53 5
5	Cam Almy	SR Nazareth	15:09.35 4
6	Derick Blair	FR Susquehanna	15:10.69 3
7	Derick Koen	SR RIT	15:13.90 2
8	Josh Santiago	FR TCNJ	15:14.59 1
9	Killian Bauer	FR Utica	15:31.27
10	Sebastian Montalvo	JR RIT	15:47.57
---	Bennett Melita	JR Utica	DNF

---	Aidan Brad	JR	Rowan	DNF
Men 10000 Meter Run				
Meet Record: 30:25.80 M 1988		John Trowse		
Name	Yr	School	Finals	
Finals				
1	Derek Kendig	JR	Elizabethtow	31:41.16 10
2	Joe Berry	SO	Rochester	32:02.37 8
3	Drew Cox	SR	SUNY Geneseo	32:03.62 6
4	Henry Ebben	JR	Hamilton	32:17.14 5
5	Evan Melito	SR	TCNJ	32:23.55 4
6	Elliott Painting	JR	Ithaca	32:24.00 3
7	Ricky Curiel	FR	Buffalo Stat	32:24.03 2
8	Ryan Weber	JR	Misericordia	32:29.29 1
9	Sean Haggerty	JR	TCNJ	32:35.61
10	Luke Roberts	SR	Grove City	32:35.86
11	Jack Hicks	SR	SUNY Geneseo	32:47.38
12	Noah Melita	SO	Oswego State	32:54.93
13	Mick Barbi	SR	Stevens	32:58.23
14	Nathan Moore	JR	Moravian	33:05.01
15	Calvin Barrett	FR	RIT	33:14.06
16	Riley Trigo	SO	Moravian	33:17.91
17	Alex Haskins	JR	PSU-Behrend	33:26.49
18	Ben Allen	SR	Houghton	33:32.91
19	William Eskenas	JR	Rochester	33:36.67
20	Jay Borland	FR	Vassar	33:44.78
21	Connor Jackson	SR	Nazareth	33:51.58
22	Alexander Badami	SR	Hamilton	34:01.48
23	Ben Williamson	SR	Arcadia	34:04.98
24	Martin Ratchford	SR	Elizabethtow	34:21.97
25	Luke Ellis	JR	Houghton	34:34.29
26	Chris Cammisa	SR	Brockport St	35:24.32
---	Carson Strauss	FR	Brockport St	DNF
---	Brady Ruediger	SO	Brockport St	DNF
---	Joseph Cardillo	SR	Marywood	DNS
---	JJ Montemaro	SR	Brockport St	DNS
---	Jared Smith	SR	Brockport St	DNS

Men 110 Meter Hurdles

Meet Record: 14.00 M 2024 **Kwaku Nkrumah**

Name	Yr	School	Prelims	
Preliminaries				
1	Jason Agyemang	SR	Rowan	M 13.99Q1.1
2	Eric Foster Jr.	SO	Rowan	14.15Q-0.4
3	Anaias Hughes	SR	Rowan	14.25Q0.1
4	Valentin Augustin	SR	Rowan	14.32Q0.3
5	Michael Anderson	JR	Springfield	14.48Q0.2
6	Michael Lawrence	SR	Rowan	14.42q 0.3
7	Carter Smink	SR	Susquehanna	14.45q -0.4
8	Tariq Earl	SR	Oneonta	14.52q 0.1
9	Calder Diakite	SO	Susquehanna	14.53 0.2
10	Jalil Coppedge	SO	Buffalo Stat	14.67 0.1
11	Christopher Jean Simon	FR	SUNY Delhi	14.67 0.3
12	Naashon Calliens	FR	RIT	14.74 1.1

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Preliminaries ... (Men 110 Meter Hurdles)				
Name	Yr	School	Prelims	
13 Joseph Kurak	FR	Rowan	14.85	1.1
14 Ryan Sanchez	FR	Rowan	15.03	0.2
15 Erik Marelli	SO	St. Lawrence	15.07	-0.4
16 Julius Arias	SO	Buffalo Stat	15.09	0.3
17 Patrick Kuprewicz	SO	Colby	15.12	0.1
18 Matt Lokshin	SR	Ithaca	15.15	0.3
19 Thomas Clark	SO	Plattsburgh	15.23	0.2
20 Elliott Kish	FR	SUNY Delhi	15.30	-0.4
21 Trystan Biller	SO	St. John Fis	15.30	1.1
22 Mael Tshiyonga	JR	Moravian	15.36	-0.4
23 Jason Bois	SR	Union (N.Y.)	15.36	0.3
24 Michael Solomon	FR	Houghton	15.39	0.2
25 Nikolai Lulewich	SO	Susquehanna	15.45	0.1
26 Jamar Matthew	JR	Oneonta	15.49	0.2
27 Elijah VanHoover	JR	Rochester	15.49	1.1
28 Joshua Leidich	JR	Lebanon Vall	15.50	-0.4
29 Jackson Gloskey	SR	SUNY Geneseo	15.60	0.1
30 Dominic Marino	JR	PSU-Behrend	15.67	0.2
31 Peair Industrious	SO	SUNY Delhi	15.70	-0.4
32 Leonardo Thomas	FR	St. Vincent	15.71	0.1
33 David Winchenbach	FR	Alfred	15.71	1.1
34 Isaiah Hannah	JR	Springfield	15.77	0.3
35 Max Page	FR	Plattsburgh	15.80	1.1

Men 110 Meter Hurdles				
Meet Record:	14.00 M 2024	Kwaku Nkrumah		
Name	Yr	School	Finals	
Finals				
1 Jason Agyemang	SR	Rowan	13.77M	10
2 Valentin Augustin	SR	Rowan	14.26	8
3 Carter Smink	SR	Susquehanna	14.39	6
4 Tariq Earl	SR	Oneonta	14.48	5
5 Michael Anderson	JR	Springfield	14.49	4
6 Michael Lawrence	SR	Rowan	14.54	3
--- Anaiais Hughes	SR	Rowan	DNF	1.3
--- Eric Foster Jr.	SO	Rowan	DNS	1.3

Men 400 Meter Hurdles				
Meet Record:	50.95 M 2018	Peter Girardi		
Name	Yr	School	Finals	
Finals				
1 Kyler Alston	JR	Cortland St.	52.84	10
2 Levi Biery	SR	Colby	53.05	8
3 Jordan Lawton	SO	Rowan	53.10	6
4 Ayden Grinion	SR	Brockport St	53.19	5
5 Ashraf Maklache	FR	Rowan	53.19	4
6 Mason Winslow	JR	Susquehanna	53.52	3
7 Tim Smith	SO	Brockport St	53.84	2
8 Lebron Rose	SO	TCNJ	53.90	1
9 Benjamin Cachiguango	FR	Springfield	55.08	
10 Adam Johnson	SO	SUNY Geneseo	55.13	
11 Eddie Kennedy	FR	Ithaca	55.15	
12 Owen Smith	SO	Moravian	55.28	

13 Luke Damalas	FR	Rowan	55.32
14 Elijah VanHoover	JR	Rochester	55.32
15 Mark Graubart	JR	Colby	55.46
16 Kadon Harris	FR	Muhlenberg	55.53
17 Jeremy Chen	SR	Brockport St	55.59
18 Ian Fisher	FR	Hamilton	55.78
19 Shaun Apsley	JR	York (Pa.)	56.11
20 Emerson Gatesman	SO	RIT	56.12
21 Colin Unis	SR	Ramapo	56.12
22 Owen Hatungimana	SO	Rochester	56.53
23 Nikolai Lulewich	SO	Susquehanna	56.61
24 Robert Cassavell	FR	Ramapo	56.62
25 Connor Robinson	SR	Stevens	1:01.54
--- Sam Belmont	JR	SUNY Geneseo	DNF
--- Nathaniel Adams	JR	TCNJ	DNS

Men 3000 Meter Steeplechase				
Meet Record:	8:54.32 M 2025	Emerson Comer		
Name	Yr	School	Finals	
Finals				
1 Emerson Comer	JR	SUNY Geneseo	8:54.64	10
2 Bennett Melita	JR	Utica	9:02.80	8
3 James Tette	SO	SUNY Geneseo	9:19.80	6
4 Patrick Russell	SR	St. Lawrence	9:20.23	5
5 John Quinn	JR	Hamilton	9:22.77	4
6 Peyton Brewer	JR	PSU-Behrend	9:26.97	3
7 Gavin Hefferan	JR	Moravian	9:28.36	2
8 Tyler Biss	FR	Allegheny	9:42.74	1
9 Tobias Jerald	SR	Utica	9:43.13	
10 Jacob Covage	SO	Arcadia	9:43.73	
11 Seth Stevens	FR	Alfred	9:52.59	
12 Nate Kidwell	SR	TCNJ	9:53.26	
13 Spencer Buff	SO	RIT	9:54.85	
14 Aidan Mayer	JR	Brockport St	9:57.00	
15 Ryan Segalla	SR	TCNJ	9:59.18	
16 Connor Couperus	JR	Brockport St	10:01.50	
17 Ryan Paradine	JR	Stevens	10:03.04	
18 Luca Strangis	FR	RIT	10:03.19	
19 Branden McColm	JR	RIT	10:07.17	
--- Aidan Reinsel	SR	PSU-Behrend	DNF	
--- Garrett Walters	FR	Rowan	DNS	

Men 4x100 Meter Relay			
Meet Record:	40.37 M 2023	Rowan	
S Love, J Beasley, N Agyemang, E Corcoran			
Team	Relay	Prelims	
Preliminaries			
1 Rowan			M 40.27Q
1) Madaijoudou Diawara	SO	2) Eric Foster Jr.	SO
3) Eli Hendricks	JR	4) Evan Corcoran	SR
2 SUNY Delhi			41.05Q
1) Jabez Primus	SO	2) Cristhian Cuevas	SR
3) Deron Davis	SR	4) Chamar Gordon	FR

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Results

Preliminaries ... (Men 4x100 Meter Relay)

Team	Relay	Prelims
3 Brockport St.		41.20Q
1) Alex Peske FR	2) Derek Grimshaw JR	
3) Michael Durski SR	4) Gabe Giannini SR	
4 Susquehanna		41.21q
1) Austin Hurrell SR	2) Owen Nugent FR	
3) Mason Winslow JR	4) Dominic Santos JR	
5 Medgar Evers		41.33q
1) Leshawn Miller FR	2) Reco Griffith SO	
3) Omari Hinds JR	4) Pharell Fowler FR	
6 Ursinus		41.33q
1) Andy Zigbuo SO	2) James Long-Stratton JR	
3) Noah Tapler FR	4) Aiden Tobin SR	
7 PSU-Behrend		41.53q
1) Dominic Marino JR	2) Carter Tobin SO	
3) Jake Egizio JR	4) Brandon Konieczki SO	
8 Misericordia		41.82q
1) Robert Seidel FR	2) Logan Richard FR	
3) Dylan Blackwell SR	4) Jacob Hunter JR	
9 Moravian		41.82
1) Owen Smith SO	2) Jacob Fenstermaker SR	
3) Kyle Weiss SR	4) Chris Moore SO	
10 Rochester		41.84
1) Aadit Jain SR	2) Barack Abdallah FR	
3) Evan Bryant JR	4) Will Stiska SO	
11 Oneonta		41.93
1) Isaiah Slater JR	2) Kejhaune Lester JR	
3) Cameron Spears SR	4) Amir Mceachin FR	
12 Lebanon Valley		42.22
1) Donovan Goundie SR	2) Leo Tirado SO	
3) Caleb Auzenne JR	4) Colin Winters JR	
13 RIT		42.35
1) Tucker Haluszczak JR	2) Cameron Krein FR	
3) Nicholas Lusardi JR	4) Jonathan Jacobs SR	
14 Elizabethtown		42.63
1) Khaliq Poles FR	2) Matthew Lamb SR	
3) Gabe Sczesniak JR	4) Cameron Michaels SO	
15 Colby		42.74
1) Samuel Gerrie FR	2) Patrick Kuprewicz SO	
3) Milan Joshi SO	4) Logan Sullivan FR	
16 St. Mary's (Md.)		42.89
1) Jaedon Aso SR	2) Nick Haylock SR	
3) Mason Layne JR	4) Collin Fitzgerald JR	
17 Plattsburgh St.		43.24
1) Jack Scauri SO	2) Brian Shannon SO	
3) Ethan Cypress SO	4) Milo Pearsall FR	
18 Grove City		43.62
1) Jeremiah Knowles SO	2) Joseph Brallier FR	
3) Brandon Kendrew SO	4) Alexander Mitchell SR	
--- Muhlenberg		DNF
1) Caleb Pasols FR	2) Chris Short SR	
3) James Williams SO	4) Isaac Schaffer-Neitz JR	

---	Ithaca	DNF
1) Jacob Antilety FR	2) Matt Lokshin SR	
3) Alex Boreland JR	4) Max Boreland JR	
---	Ramapo	DNF
1) Kevin Ortiz SO	2) Wander Dilone FR	
3) Darnelsen Romain FR	4) Samuel Thomas SO	
---	FDU-Florham	DNS
1) Alexander Coles SO	2) Anthony Collier FR	
3) Nathaniel Evely JR	4) Nashawn Presley JR	

Men 4x100 Meter Relay

Meet Record: 40.37 M 2023 Rowan

S Love, J Beasley, N Agyemang, E Corcoran

Team	Relay	Finals
Finals		
1 SUNY Delhi		41.00 10
1) Jabez Primus SO	2) Cristhian Cuevas SR	
3) Deron Davis SR	4) Chamar Gordon FR	
2 Brockport St.		41.14 8
1) Alex Peske FR	2) Derek Grimshaw JR	
3) Michael Durski SR	4) Gabe Giannini SR	
3 Susquehanna		41.24 6
1) Austin Hurrell SR	2) Owen Nugent FR	
3) Mason Winslow JR	4) Dominic Santos JR	
4 Medgar Evers		41.62 5
1) Leshawn Miller FR	2) Reco Griffith SO	
3) Omari Hinds JR	4) Pharell Fowler FR	
5 PSU-Behrend		41.94 4
1) Dominic Marino JR	2) Carter Tobin SO	
3) Jake Egizio JR	4) Brandon Konieczki SO	
6 Misericordia		42.22 3
1) Robert Seidel FR	2) Logan Richard FR	
3) Dylan Blackwell SR	4) Jacob Hunter JR	
7 Ursinus		43.36 2
1) Andy Zigbuo SO	2) James Long-Stratton JR	
3) Aidan Heppard FR	4) Kyren Young SO	
---	Rowan	DNS
1) Madaijoudou Diawara SO	2) Eric Foster Jr. SO	
3) Eli Hendricks JR	4) Evan Corcoran SR	

Men 4x400 Meter Relay

Meet Record: 3:09.30 M 2025 SUNY Geneseo

A Ojha, S Belmont, G Di Fava, J Miller

Team	Relay	Finals
Finals		
1 SUNY Geneseo		3:11.01 10
1) Arjun Ojha SO	2) Andrew Kent SR	
3) Gian Carlo Di Fava JR	4) Sam Belmont JR	
2 Colby		3:12.27 8
1) Sam Graubart JR	2) Mark Graubart JR	
3) Jackson Coelho SR	4) Levi Biery SR	
3 Cortland St.		3:12.35 6
1) Daniel Kahler FR	2) Zion Cheatham JR	
3) Daaron Harrell FR	4) Kyler Alston JR	

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Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals	
4 RIT		3:14.73	5
1) John Elliot SO	2) Ryan Senf SR		
3) Trenton Goyette SR	4) Jack Defeo JR		
5 Ramapo		3:14.84	4
1) Jordan Hart SR	2) Logan Natale JR		
3) Christian Iriaka FR	4) Jaycen Peterson FR		
6 TCNJ		3:15.21	3
1) Nathaniel Adams JR	2) Lebron Rose SO		
3) Tyler Seaton SO	4) Noah Traverso SO		
7 Williams		3:16.46	2
1) Colin Stone JR	2) Yanni Kakouris JR		
3) Bryce Cooper SR	4) Juan Talisayon FR		
8 Moravian		3:17.77	1
1) Ramses Valera SO	2) Owen Smith SO		
3) Delferson Contreras SO	4) Kyle Weiss SR		
9 Buffalo State		3:18.11	
1) Terrell Price SO	2) Sidney Morris JR		
3) Pablo Ortiz FR	4) Shiloh Cornel SO		
10 Ithaca		3:18.43	
1) Eddie Kennedy FR	2) George Nilson JR		
3) Damian Simmonds FR	4) Matt Lokshin SR		
11 Alfred		3:18.49	
1) Riley Ciamarra JR	2) JJ Hodges SO		
3) Zachary Schultz FR	4) Finnegan Dean SR		
12 Grove City		3:19.03	
1) Jeremiah Knowles SO	2) Joseph Brallier FR		
3) Isaac Busler SR	4) Alexander Mitchell SR		
13 Nazareth		3:19.31	
1) Jack Healy JR	2) Nick Driver FR		
3) Michael Puglisi SR	4) Gavin McAllister SR		
14 Susquehanna		3:19.78	
1) Aidan Diglio SO	2) Nikolai Lulewich SO		
3) Henry Notarfrancesco SO	4) Mason Winslow JR		
15 Ursinus		3:25.05	
1) Brayden Davis FR	2) Patrick Ryan SR		
3) Bryson Sacher FR	4) Dylan Baer JR		
16 Elizabethtown		3:27.23	
1) Gabe Sczesniak JR	2) Andrew Reice SR		
3) Cameron Michaels SO	4) Khaliq Poles FR		
17 Oneonta		3:27.24	
1) Jacob Prentice FR	2) Justin Berkowitz SO		
3) Cameron Spears SR	4) Jamar Matthew JR		
18 St. Mary's (Md.)		3:27.58	
1) Mason Layne JR	2) Nick Haylock SR		
3) Henry Wilcox SO	4) Collin Fitzgerald JR		
--- Houghton		DNF	
1) Kealon Knight SO	2) Tim Gordon SO		
3) Evan Geer FR	4) Henry Sardina SO		

Men 4x800 Meter Relay

Meet Record: 7:39.69 M 2008

St. Lawrence

Team	Relay	Finals	
Finals			
1 TCNJ		7:46.84	10
1) David Keefe JR	2) Will Evarts SO		
3) Thomas Blach SR	4) Kevin Matthews SR		
2 RIT		7:47.42	8
1) Benicio Benzan SO	2) Trenton Goyette SR		
3) Matt Califf SO	4) John Elliot SO		
3 Union (N.Y.)		7:51.01	6
1) Liam Fitzgibbon SO	2) Michael Fitzmaurice JR		
3) Bretton Garrick JR	4) Will Bonnette JR		
4 Ursinus		7:55.66	5
1) Ramon Martinez FR	2) Ryan Martin SR		
3) Troy Hedrick JR	4) Liam Johnston SR		
5 Cortland St.		7:56.09	4
1) Jordan Wingert SO	2) Kyle Friedel SO		
3) Carter Naginey SO	4) Jack Bisbee SO		
6 Ramapo		8:00.03	3
1) John Swaney FR	2) Julian Mignone JR		
3) Andrew Bermudez FR	4) Ryan Pena SR		
7 Brockport St.		8:01.54	2
1) Frank Calhoun SO	2) Brayden Mahoney FR		
3) Owen Arbocus JR	4) Tim Smith SO		
8 Houghton		8:02.40	1
1) Evan Geer FR	2) Amos Bixler SR		
3) Connor Little SO	4) Henry Sardina SO		
9 St. John Fisher		8:05.25	
1) Connor Levy FR	2) Landon Wertz SO		
3) Jace Stuart JR	4) Nathan Canale JR		
10 Moravian		8:06.28	
1) Jordan Gagner JR	2) Aiden Nieman FR		
3) Joseph Allegro SR	4) Bryan Kerchner SR		
11 Vassar		8:06.47	
1) Max Frazee JR	2) Nick MacDonald SO		
3) Ethan Spritzer FR	4) Lincoln Neiswender SO		
12 St. Vincent (Pa.)		8:07.00	
1) Will Stickman SO	2) Liam Wilson FR		
3) Jordan Raynor SR	4) Noah Channel FR		
13 Alfred State		8:09.83	
1) Carson Hulka FR	2) Max Knight SO		
3) Mamadou Barry JR	4) Christian Wescott SO		
14 PSU-Behrend		8:10.26	
1) Jack Betler SO	2) Ethan Hunt FR		
3) Peyton Brewer JR	4) Aidan Reinsel SR		
15 Grove City		8:15.53	
1) Eli Miller JR	2) James Yoho JR		
3) Isaac Busler SR	4) Josh Haley SO		
16 Farmingdale St.		8:19.56	
1) Gianni Nino JR	2) Gabriel Aguilar JR		
3) Aaron Rivera SO	4) Matthew Rintoul JR		

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Finals ... (Men 4x800 Meter Relay)			
Team	Relay	Finals	
17 Drew		8:21.94	
1) Tommy Edwards JR	2) Matthew Ellis SO		
3) Christopher Tocci FR	4) Dylan Crain SR		
18 Stevens		8:30.51	
1) Mick Barbi SR	2) Caleb Stephen SR		
3) Joseph Ruben SO	4) Daniel Jutras SR		
--- Utica		DNS	
1) Eddy Corporan JR	2) Forest Martin JR		
3) Bennett Melita JR	4) Tobias Jeralds SR		

Men High Jump			
Meet Record:	2.24m M 1985	Kym Orr	
Name	Yr	School	Finals
Finals			
1 Noah Wampole	SO	Rowan	2.10m 10
2 Jamile Gantt	JR	Rowan	2.07m 8
3 Kaiden McCaskill	SR	Utica	2.02m 6
4 JJ Howard	FR	Alfred State	2.02m 5
5 Isaiah Davenport	JR	Rowan	1.97m 4
6 Logan Sullivan	FR	Colby	1.97m 3
7 Shilo Bivins	SR	Marywood	1.97m 2
8 Anthony Collier	FR	FDU-Florham	1.92m 1
9 Aadit Jain	SR	Rochester	1.92m
9 Andrew Farnsworth	SR	Cortland St.	1.92m
9 Aaron Matos	SO	Farmingdale	1.92m
12 Sekou Camara	SO	Alfred	1.92m
12 Louis Pinto	JR	Utica	1.92m
14 Derek Hillhouse	SR	PSU-Behrend	1.87m
14 Jaxon Geddio	JR	Ursinus	1.87m
14 William Ladd	SO	Stevens	1.87m
17 Korey Blair	FR	St. Mary's (1.87m
18 Omari Hinds	JR	Medgar Evers	1.82m
18 Erich Brown	JR	RIT	1.82m
20 Graison Michajluk	JR	Lebanon Vall	1.82m
--- Marquis Jones-Mckinney	SR	Hartwick	NH
--- EJ Divito	FR	Grove City	NH
--- Alexander Coles	SO	FDU-Florham	NH
--- John Juste	SO	Farmingdale	NH

Men Pole Vault			
Meet Record:	5.08m M 2023	Dominic Mikula	
Name	Yr	School	Finals
Finals			
1 Mitchell Davis	SO	Ursinus	5.06m 10
2 Lexington Lehnert	SO	Colby	5.01m 8
3 Hayden Penna	JR	St. John Fis	4.86m 6
4 Ben VanVranken	SO	Alfred State	4.71m 5
5 Zachary Kralec	SR	St. Mary's (4.71m 4
6 Oren Welch	SO	St. John Fis	4.71m 3
7 Brant Nicholls	FR	Rochester	4.56m 1.5
7 Raf Campanile	FR	Ithaca	4.56m 1.5
9 Ethan Plut	FR	Rowan	4.56m
9 Ryan Swenson	JR	RIT	4.56m

11 Wyatt Patterson	SO	Colby	4.56m
12 Logan Lehnert	SR	Colby	4.41m
13 Tyler Kadezabek	JR	TCNJ	4.41m
14 Trey Feirman	JR	SUNY Geneseo	4.41m
15 Tyler Raimondi	SR	Rowan	4.26m
15 Michael Dao	SO	Stevens	4.26m
17 Hayden Durst	FR	Susquehanna	4.26m
17 Evan Laurenzo	FR	Nazareth	4.26m
17 Will D'Agata	SO	Nazareth	4.26m
20 Dylan Buckingham	FR	Nazareth	4.26m
20 Sean Bowers	SR	Ursinus	4.26m
--- Aidan Wilson	SR	Widener	NH
--- Brody Weachter	SO	York (Pa.)	NH

Men Long Jump			
Meet Record:	7.55m M 2019	George Alexandris	
Name	Yr	School	Finals
Finals			
1 Anthony Parker	FR	Rowan	7.33m 10
2 Damarion Potts	SO	Rowan	7.18m 8
3 Brandon Konieczki	SO	PSU-Behrend	7.16m 6
4 Christopher Ross	FR	Rowan	7.15m 5
5 Isaiah Ritter	JR	Plattsburgh	7.11m 4
6 Noah Tapler	FR	Ursinus	7.05m 3
7 Chace Pearson	JR	Rowan	7.04m 2
8 Bright John	FR	Rowan	7.01m 1
9 Cody Bazemore	SO	Hartwick	6.99m -2.4
10 Jonathan Mordi	FR	Stevens	6.91m +0.0
11 Jeremiah Smith	SR	Plattsburgh	6.89m -0.6
12 Kevin Ortiz	SO	Ramapo	6.87m -0.3
13 Reward Mulauzi	JR	Rochester	6.85m +0.0
14 Elias Hanley	SO	Montclair St	6.75m -1.7
15 Isaiah Slater	JR	Oneonta	6.72m +0.0
16 Sheldon Agyemang	JR	Montclair St	6.71m +0.0
17 Josiah Williams	FR	Rowan	6.65m -1.2
18 Cole Cunningham	SO	PSU-Behrend	6.65m 0.3
19 Aadit Jain	SR	Rochester	6.63m +0.0
20 Gabe Giannini	SR	Brockport St	6.61m +0.0
21 John Juste	SO	Farmingdale	6.57m -0.2
22 Lee Qualk	FR	PSU-Behrend	6.56m -0.7
23 Zion Baitey	SO	Alfred	6.54m 1.0
24 David Lang	SO	SUNY Geneseo	6.51m +0.0
25 LeBron Richardson	SO	Cortland St.	6.44m 0.8
26 EJ Divito	FR	Grove City	6.42m +0.0
27 Jayden Walls	FR	Moravian	6.32m +0.0
28 Austin Hurrell	SR	Susquehanna	6.05m -1.5
--- Tyler Baker	JR	Plattsburgh	FOUL
--- Jordan Jones	SO	King's (Pa.)	FOUL
--- Wayne Spencer	FR	Utica	FOUL

Men Triple Jump			
Meet Record:	15.28m M 1971	Randy Smith	
Name	Yr	School	Finals
Finals			
1 Manuel Sepulveda	JR	Cortland St.	15.08m 10

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Finals ... (Men Triple Jump)				
	Name	Yr	School	Finals
2	Joshua Justin	JR	Rowan	15.01m 8
3	Daniel McGlashan	SR	Springfield	14.65m 6
4	Dennis Bobbitt	SO	Brockport St	14.60m 5
5	Wayne Spencer	FR	Utica	14.48m 4
6	Zion Baitey	SO	Alfred	14.31m 3
7	Christian Destine	FR	Farmingdale	14.17m 2
8	Mitch Krasco	FR	Springfield	14.06m 1
9	Solomon David	FR	St. Mary's (13.96m 2.5
10	Austin Lansley	SO	Rochester	13.95m 2.7
11	Justin Nunes	FR	Moravian	13.93m 2.2
12	Daniel Bamfo	SR	Farmingdale	13.88m 0.5
13	Kivaleon Clarke	SO	King's (Pa.)	13.88m 3.0
14	Chris Desiderio	SO	SUNY Geneseo	13.87m 3.9
15	Jonathan Mordi	FR	Stevens	13.76m 4.1
16	Cory Morton	SO	Oswego State	13.72m 1.9
16	Josiah Williams	FR	Rowan	13.72m 4.0
18	Christian Chance	SO	Buffalo Stat	13.66m 2.3
19	Judson Delany	SR	Brockport St	13.43m 0.7
20	Collin Pringle	FR	Plattsburgh	13.42m 1.5
21	Aden Alexander	SR	Alfred State	13.36m 4.5
22	Weston Simak	JR	DeSales	13.35m 3.5
23	Cory Jarvis	JR	SUNY Geneseo	13.30m 2.6
24	Gabriel Schoonmaker	SO	Oneonta	12.82m 0.8
25	Caleb Haley	SO	Grove City	12.50m 0.1
26	Joshua Jerome	SR	Oneonta	12.46m 0.2
27	Michael Bugler	FR	Muhlenberg	12.27m 2.8
---	Quinten Lewis	FR	Ithaca	FOUL
---	Justin Couture	SO	Utica	FOUL

Men Shot Put				
	Name	Yr	School	Finals
Meet Record: 18.01m M 2021		Bram Miller		
Finals				
1	Graeden Heichberger	SO	Nazareth	17.52m 10
2	Isaiah Brunache	SR	Cortland St.	17.28m 8
3	Elliott Supley	FR	Cortland St.	16.63m 6
4	Nick Bordovsky	SR	York (Pa.)	16.36m 5
5	Alex Cotton	SR	PSU-Behrend	16.21m 4
6	Antonio Faraone	JR	PSU-Behrend	16.01m 3
7	Ethan Beer	JR	Rochester	15.75m 2
8	Adonias Mercado	JR	Farmingdale	15.56m 1
9	Brayden Brown	JR	Misericordia	15.30m
10	Braden Paulmenn	FR	TCNJ	15.17m
11	Christian Medina	FR	Alvernia	15.14m
12	Spencer Siegel	SO	Juniata	15.13m
13	Carter Kensil	JR	Ursinus	15.07m
14	Ethan Mitrano	FR	Buffalo Stat	14.83m
15	Luke Chamberlain	JR	Cortland St.	14.31m
16	Ryan Visosky	JR	PSU-Behrend	14.07m
17	Andrew Chase	FR	Misericordia	14.06m
18	Matthew Thompson	FR	Buffalo Stat	14.03m
19	William Mann	FR	SUNY Coblesk	13.75m
20	Bryan Alvarez	JR	Montclair St	13.52m

21	Mason Lang	SR	Union (N.Y.)	13.32m
Men Discus Throw				
Meet Record: 55.12m M 2024		Timaul Williams		
	Name	Yr	School	Finals
Finals				
1	Isaiah Brunache	SR	Cortland St.	51.65m 10
2	Zach Mogambi	JR	Drew	49.58m 8
3	Calvin Kulik	FR	Hamilton	47.22m 6
4	Javion Payne	SO	Rowan	47.19m 5
5	Paris Hamlin	SO	Rowan	46.01m 4
6	Xavier Myers	SO	Farmingdale	45.91m 3
7	Austin Hadley	JR	Franklin & M	45.04m 2
8	Adonias Mercado	JR	Farmingdale	44.24m 1
9	Elliott Walter	JR	RIT	44.14m
10	G. Aonghas Evanick	SR	Lebanon Vall	44.10m
11	Elliott Supley	FR	Cortland St.	43.37m
12	Daniel Davis	SO	St. John Fis	43.25m
13	Brandon Russell	JR	Alfred State	42.97m
14	Jack Crider	JR	Westminster	42.62m
15	Sawyer Eckberg	SR	Oneonta	42.23m
16	Julius Reyes	SO	Moravian	42.10m
17	William Mann	FR	SUNY Coblesk	40.99m
18	Luke Chamberlain	JR	Cortland St.	40.82m
19	Ben Ostroski	SO	Franklin & M	40.59m
20	Alex Hermann	FR	Rochester	38.25m
---	Nathan Webber	FR	Plattsburgh	FOUL

Men Hammer Throw				
	Name	Yr	School	Finals
Meet Record: 63.92m M 2024		Nathan Williams		
Finals				
1	Brandon Kaplan	SR	St. John Fis	58.36m 10
2	Spencer Borghardt	SR	Utica	57.20m 8
3	Graeden Heichberger	SO	Nazareth	55.71m 6
4	Erik Stephany	SR	RIT	55.44m 5
5	Bryan Honan	SO	Buffalo Stat	55.42m 4
6	Isaiah Brunache	SR	Cortland St.	54.81m 3
7	Stephen Gihir	SR	Misericordia	54.72m 2
8	Armaan Butler	JR	Rochester	54.52m 1
9	Noah Sanders	SO	Ursinus	54.09m
10	Christian Farhat	JR	TCNJ	51.34m
11	Josh Caudill	SR	Rowan	51.10m
12	Greg Raymond	JR	Alfred State	50.98m
13	Ethan Kaufman	FR	Rochester	50.34m
14	Alex Hermann	FR	Rochester	50.01m
15	Braden Paulmenn	FR	TCNJ	49.86m
16	G. Aonghas Evanick	SR	Lebanon Vall	49.79m
17	David Dobrowolski	JR	Nazareth	49.62m
18	John Kodack	JR	Widener	49.59m
19	Hunter Richards	SO	Brockport St	48.58m
20	Cabe Hogue	JR	Cortland St.	48.46m
21	Sawyer Eckberg	SR	Oneonta	47.60m
22	Joseph Walko	JR	Elizabethtow	47.37m
23	Ethan Mitrano	FR	Buffalo Stat	47.30m

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Finals ... (Men Hammer Throw)

Name	Yr	School	Finals
24 Gavin Grinnell	SR	St. John Fis	46.96m
25 Eddie Bedient	SR	RIT	45.72m
26 Aidan Rollinson	SR	York (Pa.)	44.82m
--- Luke Chamberlain	JR	Cortland St.	FOUL
--- Elijah Cruz	JR	Oneonta	FOUL

Men Javelin Throw

Meet Record: 63.33m M 2025 Noel House

Name	Yr	School	Finals
Finals			
1 Charlie Motter	SO	PSU-Behrend	61.26m 10
2 Jacob Bono	JR	York (Pa.)	60.22m 8
3 Dylan Fitzpatrick	FR	Rowan	58.77m 6
4 Alex Stempin	SR	Widener	56.97m 5
5 Drue Chauhan	FR	Rowan	56.71m 4
6 Ethan Wiley	SR	Grove City	55.75m 3
7 Ryan Mohr	SO	TCNJ	55.41m 2
8 Darron Woo	JR	Arcadia	55.25m 1
9 Gabe Dayon	JR	Montclair St	54.65m
10 Marcus Morales	SO	Moravian	54.29m
11 Benjamin Ford	SO	Franklin & M	53.91m
12 Ernest Freitag	FR	Alvernia	53.64m
13 Christopher Clark	FR	Springfield	53.58m
14 Jonathan Hughes	FR	Susquehanna	53.35m
15 Zachary Kralec	SR	St. Mary's (52.77m
16 Jeremiah Peguero	FR	Moravian	52.70m
17 Dustin Stoetzel	SR	Franklin & M	52.66m
18 Braden Balaski	SO	PSU-Behrend	52.28m
19 Riley Ford	JR	Ursinus	51.17m
20 Braden Paulmenn	FR	TCNJ	50.94m
21 Nicholas Entner	SR	Union (N.Y.)	50.19m
22 Jeremiah Wilson	SO	TCNJ	50.13m
23 Alexander Jimenez	FR	Ramapo	48.37m
24 David Lang	SO	SUNY Geneseo	48.22m
25 Erik Schneider	SR	St. Lawrence	47.21m
26 Thomas Martin	SR	Cortland St.	46.68m
27 Jonah Wells	SR	Allegheny	43.61m
--- Azor Chareyre	JR	Rutgers-Newa	FOUL

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Ashton Tokarski	JR	Rochester	11.13 832
2 Emmett Hansen	SO	Rochester	11.30 795
3 Jayvee Dumas	SR	TCNJ	11.44 765
4 Benjamin Zelasco	JR	Ramapo	11.46 761
5 John Anderson	JR	Cortland St.	11.48 757
6 Jack Pomykaj	SR	Nazareth	11.51 750
7 Daniel Pagan	SO	SUNY Geneseo	11.52 748
8 Brandon Kiefer	SR	Stevens	11.59 734
9 Dylan Lawless	SR	Sage	11.62 728
10 Jack Maness	SR	Rochester	11.64 723
11 Dominic Davis	FR	RIT	11.69 713

12 Rowan Smith	SR	Susquehanna	11.77 697
13 Matthew Martin	SR	York (Pa.)	11.79 693
14 Aaron Lund	SR	Nazareth	12.11 629

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Benjamin Zelasco	JR	Ramapo	49.75 826
2 Emmett Hansen	SO	Rochester	50.18 806
3 Daniel Pagan	SO	SUNY Geneseo	50.66 784
4 Ashton Tokarski	JR	Rochester	50.85 776
5 Jayvee Dumas	SR	TCNJ	51.32 755
6 Dominic Davis	FR	RIT	51.39 752
7 Dylan Lawless	SR	Sage	52.09 721
8 Jack Pomykaj	SR	Nazareth	52.25 714
9 Aaron Lund	SR	Nazareth	52.50 703
10 John Anderson	JR	Cortland St.	53.05 679
11 Rowan Smith	SR	Susquehanna	53.68 653
12 Jack Maness	SR	Rochester	54.34 626
13 Matthew Martin	SR	York (Pa.)	56.35 546
--- Brandon Kiefer	SR	Stevens	DNS

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Aaron Lund	SR	Nazareth	4:33.05 725
2 Emmett Hansen	SO	Rochester	4:33.34 723
3 Daniel Pagan	SO	SUNY Geneseo	4:36.43 703
4 Dominic Davis	FR	RIT	4:44.62 651
5 Benjamin Zelasco	JR	Ramapo	4:52.64 603
6 Matthew Martin	SR	York (Pa.)	4:56.71 579
7 John Anderson	JR	Cortland St.	5:03.86 538
8 Jack Pomykaj	SR	Nazareth	5:09.06 509
9 Jack Maness	SR	Rochester	5:13.17 486
10 Jayvee Dumas	SR	TCNJ	5:13.28 486
11 Rowan Smith	SR	Susquehanna	5:14.06 481
--- Dylan Lawless	SR	Sage	DNF
--- Ashton Tokarski	JR	Rochester	DNS
--- Brandon Kiefer	SR	Stevens	DNS

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Jayvee Dumas	SR	TCNJ	15.22 823
2 Jack Pomykaj	SR	Nazareth	15.47 794
3 John Anderson	JR	Cortland St.	15.71 766
4 Benjamin Zelasco	JR	Ramapo	15.77 759
5 Dominic Davis	FR	RIT	15.87 747
6 Aaron Lund	SR	Nazareth	15.88 746
7 Rowan Smith	SR	Susquehanna	16.50 677
8 Emmett Hansen	SO	Rochester	16.56 671
9 Dylan Lawless	SR	Sage	16.79 646
10 Daniel Pagan	SO	SUNY Geneseo	16.91 634
11 Jack Maness	SR	Rochester	17.41 582
12 Matthew Martin	SR	York (Pa.)	17.62 561

**All-Atlantic Region
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Results

Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)

Name	Yr	School	Finals
13 Ashton Tokarski	JR	Rochester	17.65 558
--- Brandon Kiefer	SR	Stevens	DNS -0.2

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Benjamin Zelasco	JR	Ramapo	1.89m 705
2 Emmett Hansen	SO	Rochester	1.86m 679
2 Ashton Tokarski	JR	Rochester	1.86m 679
4 Rowan Smith	SR	Susquehanna	1.80m 627
5 Jayvee Dumas	SR	TCNJ	1.77m 602
6 Dominic Davis	FR	RIT	1.74m 577
6 Daniel Pagan	SO	SUNY Geneseo	1.74m 577
6 Jack Maness	SR	Rochester	1.74m 577
9 Aaron Lund	SR	Nazareth	1.71m 552
9 Jack Pomykaj	SR	Nazareth	1.71m 552
9 John Anderson	JR	Cortland St.	1.71m 552
9 Dylan Lawless	SR	Sage	1.71m 552
13 Brandon Kiefer	SR	Stevens	1.68m 528
14 Matthew Martin	SR	York (Pa.)	1.65m 504

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Jack Maness	SR	Rochester	4.50m 760
2 Jack Pomykaj	SR	Nazareth	4.30m 702
3 Jayvee Dumas	SR	TCNJ	4.20m 673
4 Matthew Martin	SR	York (Pa.)	4.00m 617
4 Emmett Hansen	SO	Rochester	4.00m 617
6 Daniel Pagan	SO	SUNY Geneseo	3.90m 590
7 John Anderson	JR	Cortland St.	3.80m 562
8 Dominic Davis	FR	RIT	3.60m 509
8 Aaron Lund	SR	Nazareth	3.60m 509
10 Rowan Smith	SR	Susquehanna	3.50m 482
11 Benjamin Zelasco	JR	Ramapo	3.40m 457
12 Dylan Lawless	SR	Sage	3.20m 406
--- Brandon Kiefer	SR	Stevens	DNS
--- Ashton Tokarski	JR	Rochester	DNS

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Emmett Hansen	SO	Rochester	6.80m 767
2 Ashton Tokarski	JR	Rochester	6.79m 764
3 Dylan Lawless	SR	Sage	6.56m 711
4 Benjamin Zelasco	JR	Ramapo	6.51m 700
5 Daniel Pagan	SO	SUNY Geneseo	6.36m 666
6 Jayvee Dumas	SR	TCNJ	6.34m 661
7 Aaron Lund	SR	Nazareth	6.28m 648
8 Dominic Davis	FR	RIT	6.25m 641
9 Matthew Martin	SR	York (Pa.)	6.23m 637
10 John Anderson	JR	Cortland St.	6.16m 621
11 Rowan Smith	SR	Susquehanna	6.06m 600

12 Jack Maness	SR	Rochester	6.05m 597
13 Brandon Kiefer	SR	Stevens	5.93m 571
--- Jack Pomykaj	SR	Nazareth	FOUL

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Benjamin Zelasco	JR	Ramapo	11.74m 591
2 Daniel Pagan	SO	SUNY Geneseo	11.10m 552
3 Ashton Tokarski	JR	Rochester	10.98m 545
4 Jayvee Dumas	SR	TCNJ	10.91m 540
5 Rowan Smith	SR	Susquehanna	10.90m 540
6 Matthew Martin	SR	York (Pa.)	10.89m 539
7 Brandon Kiefer	SR	Stevens	10.80m 534
8 Dominic Davis	FR	RIT	10.59m 521
9 Emmett Hansen	SO	Rochester	10.01m 486
10 Jack Maness	SR	Rochester	9.90m 480
11 Jack Pomykaj	SR	Nazareth	9.70m 468
12 Dylan Lawless	SR	Sage	9.36m 447
13 Aaron Lund	SR	Nazareth	8.63m 404
14 John Anderson	JR	Cortland St.	8.41m 391

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Jack Maness	SR	Rochester	32.39m 512
2 Aaron Lund	SR	Nazareth	32.25m 509
3 Rowan Smith	SR	Susquehanna	31.51m 494
4 Dominic Davis	FR	RIT	31.07m 486
5 Dylan Lawless	SR	Sage	30.36m 472
6 John Anderson	JR	Cortland St.	29.98m 464
7 Emmett Hansen	SO	Rochester	29.61m 457
8 Benjamin Zelasco	JR	Ramapo	28.27m 431
9 Daniel Pagan	SO	SUNY Geneseo	27.77m 421
10 Matthew Martin	SR	York (Pa.)	26.61m 398
11 Jayvee Dumas	SR	TCNJ	26.54m 397
12 Jack Pomykaj	SR	Nazareth	25.34m 374
--- Brandon Kiefer	SR	Stevens	DNS
--- Ashton Tokarski	JR	Rochester	DNS

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Emmett Hansen	SO	Rochester	50.41m 595
2 Daniel Pagan	SO	SUNY Geneseo	46.24m 533
3 Aaron Lund	SR	Nazareth	44.26m 504
4 Dylan Lawless	SR	Sage	40.48m 449
5 Jack Maness	SR	Rochester	38.97m 427
6 Jayvee Dumas	SR	TCNJ	37.75m 410
7 John Anderson	JR	Cortland St.	37.28m 403
8 Dominic Davis	FR	RIT	35.92m 383
9 Rowan Smith	SR	Susquehanna	34.78m 367
10 Jack Pomykaj	SR	Nazareth	34.29m 360
11 Matthew Martin	SR	York (Pa.)	32.85m 340
12 Benjamin Zelasco	JR	Ramapo	31.13m 315

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Results

Finals ... (Decathlon: #9 Men Javelin Throw Decathlon)

Name	Yr	School	Finals
--- Ashton Tokarski	JR	Rochester	DNS
--- Brandon Kiefer	SR	Stevens	DNS

Men Decathlon

Meet Record: 6742 M 1981 Matt Riordan

Name	Yr	School	Finals
Finals			
1 Emmett Hansen	SO	Rochester	6596 10
2 Daniel Pagan	SO	SUNY Geneseo	6208 8
3 Benjamin Zelasco	JR	Ramapo	6148 6
4 Jayvee Dumas	SR	TCNJ	6112 5
5 Dominic Davis	FR	RIT	5980 4
6 Aaron Lund	SR	Nazareth	5929 3
7 Jack Maness	SR	Rochester	5770 2
8 John Anderson	JR	Cortland St.	5733 1
9 Rowan Smith	SR	Susquehanna	5618
10 Matthew Martin	SR	York (Pa.)	5414
11 Jack Pomykaj	SR	Nazareth	5223
12 Dylan Lawless	SR	Sage	5132

35) NYU	8
36) Juniata	7
36) Franklin & Marshall	7
38) New Jersey City	6
38) Rutgers-Newark	6
38) Susquehanna	6
38) Ramapo	6
42) York (Pa.)	5
42) Medgar Evers	5
44) Muhlenberg	4
44) FDU-Florham	4
44) Houghton	4
47) St. Lawrence	3
47) St. Vincent (Pa.)	3

Women - Team Rankings - 22 Events Scored

1) Rochester	70
2) SUNY Delhi	46
3) Ithaca	39
3) King's (Pa.)	39
5) SUNY Geneseo	33
6) Nazareth	31.6666
7) Ursinus	30
8) TCNJ	29
9) Cortland St.	28
10) Colby	27
10) Smith	27
10) Scranton	27
13) Misericordia	24
14) Montclair State	22
15) Hamilton	21
16) RIT	20
17) Vassar	19
17) Union (N.Y.)	19
19) Elizabethtown	18
20) Grove City	17
20) Utica	17
22) Drew	16
22) Moravian	16
22) Lebanon Valley	16
22) Johns Hopkins	16
26) Oneonta	15
27) Buffalo State	14
27) Plattsburgh St.	14
29) Springfield	12
30) Brockport St.	11.3333
31) Allegheny	11
32) Oswego State	10
32) St. John Fisher	10
34) Stevens	9

**All-Atlantic Region
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Results

49) Rowan	2
50) DeSales	1
50) St. Mary's (Md.)	1

Men - Team Rankings - 22 Events Scored

1) Rowan	108
2) Cortland St.	58
3) TCNJ	50
4) SUNY Geneseo	49
5) Rochester	47.5
6) PSU-Behrend	38
7) Ursinus	34
8) Colby	33
9) RIT	31
10) Medgar Evers	30
11) Brockport St.	29
12) Utica	26
13) St. John Fisher	24
14) Nazareth	23
15) Susquehanna	20
16) Springfield	19
17) Elizabethtown	18
18) Ramapo	17
19) Hamilton	15
20) Ithaca	14.5
21) York (Pa.)	13
21) SUNY Delhi	13
23) Alfred State	12
24) Oneonta	11
25) Muhlenberg	10
26) Plattsburgh St.	9
27) Drew	8
27) New Jersey City	8
29) Houghton	7
29) Moravian	7
29) Farmingdale St.	7
32) Union (N.Y.)	6
32) Buffalo State	6
32) Misericordia	6
32) DeSales	6
36) Widener	5
36) Lebanon Valley	5
36) St. Lawrence	5
36) Vassar	5
40) St. Mary's (Md.)	4
41) Grove City	3
41) Alfred	3
41) Franklin & Marshall	3
44) Marywood	2
44) Williams	2
46) Allegheny	1
46) FDU-Florham	1
46) Arcadia	1